

Tri United 3

Swim and Run Splits
Alviera, Porac, Pampanga
Sunday, October 25, 2015

Rank	Bib	First Name	Last Name	Team	Category	Total	Swim Lap 1	Swim Lap 2	Swim Total	Run Km 1.8	Run Km 5.5	Run Km 8.7	Run Km 12.4	Run Km 15.6	Run Km 19.3	Run Total
1	4	Raelene	Arellano	WU CREW	Long F 25-29	6:32:54	0:21:33	0:22:26	0:44:00	0:10:24	0:33:24	0:52:59	1:15:30	1:36:06	2:01:56	2:14:38
2	10	Caroline	Orcena	Smart TRI	Long F 25-29	6:59:01	0:22:57	0:23:40	0:46:38	0:10:17	0:35:53	0:57:32	1:24:18	1:46:55	2:14:42	2:27:59
3	8	Nerozel	Calpito	Puro Tri	Long F 25-29	7:00:25	0:27:13	0:28:06	0:55:19	0:11:26	0:35:48	0:57:10	1:22:25	1:44:08	2:10:32	2:22:30
4	6	Ian	Banzon	Sante Barley	Long F 25-29	7:10:23	0:18:46	0:20:01	0:38:47	0:10:01	0:34:17	0:54:34	1:20:44	1:46:06	2:18:03	2:32:54
5	9	Elinor	Malicdem	Team Norman	Long F 25-29	7:19:48	0:26:48	0:26:47	0:53:35	0:11:03	0:34:49	0:56:00	1:22:39	1:47:17	2:15:25	2:28:07
6	7	Jilliane	Caancan	Puro Tri	Long F 25-29	7:20:41	0:23:48	0:24:24	0:48:12	0:09:26	0:33:23	0:58:21	1:28:34	1:57:40	2:28:00	2:42:23
7	11	Karen Kate	Pascual	Fitness First	Long F 25-29	7:23:10	0:22:30	0:22:42	0:45:11	0:12:05	0:37:09	1:01:02	1:27:57	1:55:00	2:22:36	2:36:09
8	5	Mary Jane	Baluyot	Century Tri Hard	Long F 25-29	7:37:02	0:23:38	0:24:13	0:47:51	0:11:51	0:41:00	1:07:38	1:42:31	2:10:06	2:45:44	3:03:21
9	12	Joy	Sy	Fitness First	Long F 25-29	8:17:55	0:24:58	0:25:28	0:50:26	0:13:37	0:43:26	1:10:45	1:41:50	2:11:26	2:49:09	3:07:18

Rank	Bib	First Name	Last Name	Team	Category	Total	Swim Lap 1	Swim Lap 2	Swim Total	Run Km 1.8	Run Km 5.5	Run Km 8.7	Run Km 12.4	Run Km 15.6	Run Km 19.3	Run Total
1	19	Chloe	Ong	Unison Bike Shop	Long F 30-34	6:21:56	0:22:01	0:22:13	0:44:14	0:10:20	0:32:51	0:51:42	1:14:22	1:34:03	1:57:14	2:09:45
2	20	Ines	Santiago	WU CREW	Long F 30-34	6:28:22	0:19:48	0:20:53	0:40:41	0:10:09	0:33:04	0:52:28	1:15:52	1:36:00	1:59:48	2:11:10
3	14	Jayline	Balatibat	Herbalife	Long F 30-34	6:52:05	0:24:22	0:26:22	0:50:44	0:10:06	0:32:59	0:53:25	1:18:18	1:40:57	2:08:18	2:21:10
4	13	Mayan	Amistoso	Fitness First	Long F 30-34	7:02:46	0:21:07	0:22:15	0:43:22	0:11:17	0:37:17	0:59:40	1:25:03	1:47:41	2:16:38	2:29:26
5	16	Richelle	Hizon	Trimac	Long F 30-34	7:16:51	0:25:13	0:26:04	0:51:17	0:11:16	0:38:44	1:04:16	1:33:08	1:56:39	2:23:58	2:36:57
15	Nhea Ann	Barcena	Sante Barley	Long F 30-34	DNF	0:25:13	0:26:57	0:52:10								
18	Juliette	Leusink	Polo Tri	Long F 30-34	DNS											

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1	33	Laarni	Paredes	Herbalife	Long F 35-39	6:29:09	0:23:37	0:24:54	0:48:32	0:10:44	0:34:02	0:53:55	1:18:39	1:39:51	2:04:57	2:17:21
2	36	Rowena	Valdez	Sante Barley	Long F 35-39	6:36:19	0:27:23	0:26:25	0:53:47	0:09:45	0:32:10	0:51:50	1:15:01	1:34:37	1:58:05	2:09:09
3	25	Laarin	De Guzman	Fitness First	Long F 35-39	6:49:58	0:24:03	0:25:22	0:49:25	0:10:17	0:34:08	0:55:25	1:22:49	1:45:16	2:12:51	2:26:11
4	30	Jade Candy	Lee	Greenhills Tri Team	Long F 35-39	6:50:53	0:23:21	0:24:29	0:47:51	0:11:00	0:35:14	0:56:18	1:22:04	1:43:27	2:08:33	2:19:59
5	21	Nylah	Bautista	Alveo Ayala Land	Long F 35-39	7:05:56	0:23:42	0:24:16	0:47:58	0:12:46	0:41:28	1:05:31	1:32:55	1:57:06	2:26:47	2:40:15
6	22	Camilla	Brooks-Chua	BIKE KING	Long F 35-39	7:13:07	0:22:31	0:22:33	0:45:04	0:10:08	0:31:56	0:52:33	1:17:31	1:38:21	2:06:47	2:23:14
7	34	Cherry	Ramos	GRC Tri Team	Long F 35-39	7:45:02	0:29:18	0:31:52	1:01:11	0:12:43	0:40:55	1:05:35	1:35:50	2:03:38	2:34:20	2:51:00
8	32	Josephine	Ong - Cayabyab	One Triathlon	Long F 35-39	7:48:22	0:30:07	0:30:52	1:00:59	0:10:50	0:36:45	0:59:18	1:26:42	1:49:57	2:18:16	2:31:32
9	26	Christina	Domingo	Triforce	Long F 35-39	8:17:20	0:26:58	0:26:44	0:53:42	0:12:32	0:44:01	1:12:39	1:44:50	2:11:20	2:43:27	2:58:40
10	31	Maria Juliet	Maccay	Greenhills Tri Team	Long F 35-39	8:18:41	0:28:43	0:29:16	0:58:00	0:13:15	0:41:58	1:07:18	1:39:20	2:09:15	2:46:33	3:02:35
11	23	Raeanna	Cranbourne	Polo Tri	Long F 35-39	8:21:15	0:26:52	0:27:51	0:54:42	0:13:22	0:45:17	1:13:04	1:47:10	2:17:35	2:52:20	3:07:47
12	27	Glenda	Evangelista	Fit Plus	Long F 35-39	8:30:26	0:31:32	0:33:15	1:04:47	0:13:29	0:45:24	1:14:03	1:48:53	2:20:26	2:55:23	3:11:24
13	35	Minnie Beth	Tomas	Trimac	Long F 35-39	8:35:04	0:26:19	0:27:10	0:53:30	0:12:34	0:42:23	1:09:30	1:43:01	2:10:24	2:44:56	3:01:33
14	24	Nelirene	Dablio	Team Norman	Long F 35-39	8:49:33	0:28:31	0:31:17	0:59:48	0:13:04	0:41:33	1:11:16	1:49:03	2:26:31	3:05:42	3:22:19
37	Jo-Anne	Valladores	GOLD Tri	Long F 35-39	DNF	0:31:00	0:32:19	1:03:19								
28	Mercy	Go	Long F 35-39	DNS												
29	Katherine Marie	Hernandez	IRON P.I.G.S.	Long F 35-39	DNS											

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1	38	Lezette	Albarote	Herbalife	Long F 40-44	5:46:11	0:22:51	0:23:07	0:45:58	0:09:17	0:28:25	0:44:09	1:04:03	1:21:42	1:44:02	1:54:11
2	41	Doray	Ellis	Fitness First	Long F 40-44	5:57:48	0:21:55	0:22:24	0:44:19	0:08:34	0:29:11	0:46:43	1:07:57	1:27:05	1:50:14	2:02:06

3	45	Carly	Relf	Maxxis Sante Barley	Long F 40-44	6:30:09	0:19:53	0:20:49	0:40:42	0:08:52	0:30:21	0:49:55	1:14:36	1:37:33	2:03:40	2:17:10
4	43	Belle	Grandinetti	Fitness First	Long F 40-44	6:41:49	0:29:30	0:31:09	1:00:40	0:11:40	0:33:03	0:51:19	1:13:35	1:32:50	1:56:22	2:08:31
5	42	Bic	Ferreria	UNILAB ACTIVE HEALTH	Long F 40-44	6:56:12	0:22:08	0:22:49	0:44:57	0:11:04	0:36:39	1:01:04	1:27:58	1:53:08	2:22:38	2:37:22
6	40	Cynthia	Co	Trimac	Long F 40-44	7:28:40	0:27:42	0:27:49	0:55:31	0:11:51	0:37:37	1:00:10	1:28:32	1:54:10	2:26:47	2:40:09
7	39	Malona	Alinsug	2600 Tri Team Baguio	Long F 40-44	8:53:16	0:28:55	0:32:28	1:01:23	0:12:41	0:43:54	1:11:49	1:49:20	2:17:11	2:49:03	3:05:59
44	Lyka	Leather		24-7	Long F 40-44	DNS										

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1	51	Bernadette	Tan	Greenhills Tri Team	Long F 45-above	6:16:53	0:22:52	0:23:41	0:46:33	0:09:12	0:29:59	0:48:46	1:11:40	1:32:17	1:57:58	2:10:42
2	48	Mariela	Martinez-Powell	Sabak Tri Team	Long F 45-above	6:38:25	0:21:09	0:22:14	0:43:23	0:10:14	0:32:51	0:53:45	1:18:41	1:40:20	2:05:39	2:17:30
3	445	Lara	Parpan	Polo Tri	Long F 45-above	7:02:53	0:26:31	0:27:25	0:53:56	0:09:55	0:31:42	0:51:20	1:13:34	1:33:30	1:57:41	2:07:57
4	50	Angela	Respecki	Maxxis Sante Barley	Long F 45-above	7:05:23	0:20:41	0:21:41	0:42:21	0:09:49	0:35:36	0:58:41	1:25:58	1:49:21	2:18:01	2:32:11
46	Monica	Altura		Polo Tri	Long F 45-above	DNS										
49	Gem	Padilla-Thomas		Polo Tri	Long F 45-above	DNS										
52	Rizzo	Tangan			Long F 45-above	DNS										

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1	17	Katelyn	Kearney		Long F Elite	7:17:15	0:23:27	0:24:48	0:48:15	0:10:08	0:34:16	0:56:22	1:24:08	1:47:14	2:14:22	2:26:57

Rank	Bib	First Name	Last Name	Team	Category	Total	Swim Lap 1	Swim Lap 2	Swim Total	Run Km 1.8	Run Km 5.5	Run Km 8.7	Run Km 12.4	Run Km 15.6	Run Km 19.3	Run Total
1	59	Mervin	Santiago	Sante Barley	Long M 18-24	5:05:04	0:19:02	0:19:53	0:38:55	0:07:21	0:24:38	0:39:43	0:57:30	1:13:28	1:33:25	1:43:12
2	58	Jeron	Payong	CamSur Tri Team	Long M 18-24	5:46:27	0:19:29	0:20:28	0:39:56	0:07:57	0:27:38	0:46:27	1:08:03	1:25:43	1:47:47	1:57:55
3	60	Chadwick Jerald	Tsai	Trimac	Long M 18-24	5:51:15	0:21:01	0:21:37	0:42:38	0:09:21	0:29:53	0:47:22	1:08:38	1:27:02	1:50:39	2:02:09
4	55	Jaime Miguel	Navarro	Herbalife	Long M 18-24	6:16:13	0:20:56	0:22:18	0:43:14	0:09:11	0:30:10	0:47:53	1:10:53	1:33:37	2:01:58	2:15:15
5	57	Carlos Francisco	Ochoa	MLQU	Long M 18-24	6:27:34	0:18:35	0:19:53	0:38:29	0:10:02	0:35:47	1:02:55	1:32:16	1:58:38	2:30:44	2:43:12
6	54	Charles Jerome	Lazaro	UPLB TRANTADOS	Long M 18-24	6:32:19	0:21:27	0:23:00	0:44:27	0:10:50	0:33:09	0:52:42	1:17:38	1:42:31	2:11:46	2:24:29
7	53	Justin	Ambata		Long M 18-24	7:24:11	0:26:44	0:29:25	0:56:09	0:11:58	0:38:51	1:03:17	1:31:07	1:54:28	2:26:19	2:42:26
8	61	Aaron	Unabia	Kagay-an tri team	Long M 18-24	7:40:08	0:19:37	0:20:49	0:40:26	0:10:46	0:34:14	0:57:02	1:26:56	1:52:22	2:27:07	2:44:06
56	Noel Eliezer	Navarro		Cecon Tri	Long M 18-24	DNS										

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1	77	Robinson	Esteves	Sante Barley	Long M 25-29	4:55:49	0:18:36	0:19:07	0:37:43	0:06:54	0:22:53	0:36:55	0:54:12	1:08:06	1:25:31	1:33:29
2	67	Brian	Borling	Herbalife	Long M 25-29	4:59:54	0:17:21	0:18:14	0:35:35	0:08:12	0:26:23	0:42:09	1:00:21	1:16:41	1:36:26	1:45:29
3	100	Raymund	Velasco	Sante Barley	Long M 25-29	5:08:38	0:18:18	0:18:43	0:37:01	0:07:31	0:24:34	0:38:51	0:55:55	1:10:54	1:28:40	1:36:06
4	92	Welmar	Saavedra	Omega Pro Tri-Team	Long M 25-29	5:13:46	0:19:24	0:19:50	0:39:14	0:07:59	0:25:47	0:40:04	0:58:12	1:13:42	1:33:14	1:42:26
5	101	Benjie	Zapanta	One Triathlon	Long M 25-29	5:15:47	0:19:01	0:20:09	0:39:10	0:07:15	0:23:23	0:37:53	0:54:48	1:10:10	1:28:35	1:37:36
6	63	Antonio	Almirante Iii	Herbalife	Long M 25-29	5:38:15	0:22:54	0:23:48	0:46:43	0:07:54	0:26:31	0:43:05	1:03:27	1:21:37	1:43:17	1:53:14
7	72	Carlo	Chiong	Herbalife	Long M 25-29	5:43:06	0:19:14	0:19:31	0:38:45	0:09:58	0:29:31	0:46:19	1:07:17	1:25:42	1:48:03	2:00:06
8	81	Christopher	Iblan	Sante Barley	Long M 25-29	5:48:08	0:28:40	0:29:42	0:58:22	0:07:51	0:25:15	0:39:58	0:58:15	1:14:47	1:35:00	1:43:51
9	89	Benjamin Patrick	Ramirez	Fitness First	Long M 25-29	5:54:31	0:21:31	0:22:37	0:44:08	0:08:57	0:29:27	0:47:18	1:09:11	1:27:41	1:49:59	2:00:13
10	71	Leo Brian	Cayabyab	UPLB TRANTADOS PHILAB	Long M 25-29	6:05:51	0:19:56	0:20:31	0:40:28	0:09:03	0:29:09	0:46:56	1:08:23	1:28:14	1:49:55	2:01:14
11	94	Chris Jansen	Santos	LAKAN TRI	Long M 25-29	6:14:50	0:21:03	0:22:40	0:43:44	0:10:35	0:35:14	0:56:15	1:21:07	1:42:22	2:08:10	2:21:59
12	90	Rey Jacinto	Regalado	GRC Tri Team	Long M 25-29	6:17:11	0:23:56	0:25:16	0:49:12	0:09:01	0:29:58	0:48:33	1:11:19	1:31:15	1:54:20	2:05:46
13	69	Mark Jester	Cajucorn	TRI MONKEYS	Long M 25-29	6:28:42	0:22:14	0:23:44	0:45:58	0:10:23	0:32:39	0:56:25	1:21:16	1:45:26	2:14:54	2:29:09
14	95	Lee Joseph	Sarmiento	Team Lightspeed	Long M 25-29	6:38:11	0:23:54	0:24:55	0:48:49	0:10:00	0:33:05	0:54:34	1:19:25	1:43:17	2:12:28	2:26:43

15	65	Barnett	Angeles	Aboitiz Tri Team	Long M 25-29	6:41:12	0:21:55	0:23:39	0:45:34	0:12:31	0:39:00	1:02:54	1:32:31	2:01:10	2:36:32	2:52:57
16	83	Girgio	Mendoza	Tri Assassins	Long M 25-29	6:48:06	0:22:13	0:26:51	0:49:04	0:10:21	0:33:09	0:54:19	1:20:21	1:43:02	2:11:17	2:24:09
17	74	Miguel	Dans		Long M 25-29	7:03:43	0:23:00	0:23:53	0:46:53	0:11:08	0:36:35	1:00:57	1:30:12	1:57:44	2:25:38	2:37:45
18	62	David William	Abuel	Team Enduraman	Long M 25-29	7:07:22	0:22:11	0:23:50	0:46:01	0:12:52	0:39:29	1:02:00	1:29:41	1:54:19	2:25:06	2:38:52
19	70	Adrian Alaric	Caro	Tri Assassins	Long M 25-29	7:16:02	0:23:40	0:23:42	0:47:22	0:13:02	0:42:02	1:08:44	1:41:26	2:11:28	2:46:25	3:00:47
20	79	Christian	Gonzales	Triaholix	Long M 25-29	7:26:45	0:26:08	0:26:43	0:52:51	0:12:25	0:41:34	1:08:07	1:39:29	2:06:13	2:38:25	2:53:41
21	93	John Michael	San Juan		Long M 25-29	7:55:50	0:22:57	0:24:18	0:47:15	0:13:46	0:45:21	1:13:45	1:48:25	2:17:50	2:55:06	3:12:04
22	97	Jan Doughlas	Sta. Romana	Team Enduraman	Long M 25-29	8:03:12	0:27:03	0:26:41	0:53:44	0:11:41	0:40:50	1:06:06	1:38:22	2:06:22	2:40:22	2:55:07
23	76	Marvin Clyde	Draper	Tri Taft	Long M 25-29	8:08:04	0:25:58	0:28:58	0:54:55	0:14:19	0:42:30	1:07:20	1:43:30	2:17:52	3:00:41	3:21:07
24	88	Robert Archibald	Patricio		Long M 25-29	8:11:38	0:30:52	0:33:29	1:04:21	0:09:45	0:36:38	1:04:33	1:35:51	2:04:08	2:43:24	3:01:07
25	78	Johanne Xavier	Francisco	Solarboyz	Long M 25-29	8:17:12	0:27:57	0:28:21	0:56:17	0:11:44	0:40:34	1:06:18	1:38:33	2:07:49	2:43:03	3:00:42
26	96	Rogelio	Siccion		Long M 25-29	8:20:21	0:22:21	0:23:32	0:45:53	0:15:28	0:48:26	1:18:54	1:54:02	2:31:28	3:09:23	3:28:57
27	80	Jan Michael	Hidalgo	Enduraman	Long M 25-29	8:24:50	0:28:18	0:29:58	0:58:16	0:14:29	0:45:33	1:19:18	1:55:57	2:29:24	3:09:29	3:25:52
28	82	Christopher Patrick	Lazaro		Long M 25-29	8:39:35	0:29:48	0:35:24	1:05:12	0:14:40	0:51:04	1:21:32	1:55:26	2:24:09	2:55:34	3:09:38
29	73	Robbi Renzo	Chua	Triforce	Long M 25-29	8:50:40	0:26:56	0:29:25	0:56:21	0:15:14	0:54:43	1:30:02	2:10:44	2:46:21	3:28:46	3:45:19
	87	Julius	Panopio	Trimac	Long M 25-29	DNF	0:23:08	0:24:24	0:47:32	0:10:08	0:30:36					3:12:27
	85	Michael	Miras	Team Para Tri	Long M 25-29	DNF	0:23:20	0:25:35	0:48:55	0:09:36	0:38:44					
	66	Arjay	Bautista		Long M 25-29	DNS										
	68	Renel	Brecenio	CamSur Tri Team	Long M 25-29	DNS										
	86	Jan Dominique	Oliveros	Infinite multisport	Long M 25-29	DNS										
	91	Jordan Arvin	Ruiz		Long M 25-29	DNS										
	99	Daryll	Torres		Long M 25-29	DNS										
	84	Vincent Clark	Miranda	Team Stallions	Long M 25-29	DSQ	0:28:39	0:30:25	0:59:04	0:18:51	1:20:11	1:28:30	2:17:05			2:38:04

Rank	Bib	First Name	Last Name	Team	Category	Total	Swim Lap 1	Swim Lap 2	Swim Total	Run Km 1.8	Run Km 5.5	Run Km 8.7	Run Km 12.4	Run Km 15.6	Run Km 19.3	Run Total
1	155	Jethro Karl	Ramos	Maxxis Sante Barley	Long M 30-34	5:27:46	0:19:37	0:20:15	0:39:52	0:09:06	0:28:51	0:45:40	1:05:49	1:23:19	1:44:44	1:54:50
2	164	Rafael	Vargas	CamSur Tri Team	Long M 30-34	5:32:02	0:19:08	0:19:35	0:38:42	0:08:37	0:27:40	0:44:19	1:03:54	1:22:14	1:45:48	1:57:06
3	158	Ralph Jerome	Salvador		Long M 30-34	5:36:17	0:27:10	0:29:40	0:56:50	0:08:30	0:27:22	0:42:58	1:02:02	1:17:44	1:36:26	1:45:03
4	166	John Mark	Yamoyam	Fitness First	Long M 30-34	5:39:04	0:18:13	0:19:21	0:37:34	0:08:08	0:27:18	0:44:34	1:06:08	1:25:16	1:47:32	1:58:16
5	133	Jeff	Laguitao	Herbalife	Long M 30-34	5:53:36	0:15:51	0:16:43	0:32:34	0:09:28	0:30:44	0:49:51	1:14:04	1:34:37	1:59:25	2:11:08
6	122	Reagan	Diaz	Century Tri Hard	Long M 30-34	5:55:51	0:21:54	0:23:52	0:45:46	0:09:09	0:30:00	0:47:01	1:09:17	1:28:43	1:50:44	2:01:33
7	159	Jr	Sebastian	Solidtri Team	Long M 30-34	5:55:56	0:22:21	0:23:20	0:45:41	0:09:10	0:29:21	0:47:12	1:08:25	1:26:38	1:48:37	1:59:18
8	123	Geoffrey	Dionisio	TRIGENERALS	Long M 30-34	6:05:41	0:19:17	0:20:48	0:40:05	0:09:19	0:30:24	0:50:49	1:17:12	1:39:25	2:05:43	2:19:36
9	136	Angelo	Leano		Long M 30-34	6:09:55	0:19:12	0:19:32	0:38:44	0:09:16	0:32:33	0:53:07	1:17:22	1:39:23	2:02:44	2:13:52
10	105	Michael Raymond	Amistoso	Fitness First	Long M 30-34	6:10:11	0:22:47	0:24:38	0:47:25	0:09:25	0:29:29	0:48:10	1:11:42	1:32:24	1:56:56	2:08:03
11	144	Raymond	Ordoveza	Century Tri Hard	Long M 30-34	6:11:07	0:18:21	0:19:32	0:37:54	0:09:45	0:32:00	0:51:28	1:15:49	1:38:28	2:06:39	2:20:40
12	102	Kiko	Abante		Long M 30-34	6:18:44	0:23:24	0:23:11	0:46:34	0:10:03	0:34:41	0:56:29	1:21:41	1:44:16	2:12:46	2:26:57
13	109	Arvin	Bituin	YELLOW CAB TRI CLARK	Long M 30-34	6:20:12	0:23:35	0:24:11	0:47:46	0:10:28	0:31:50	0:51:18	1:13:22	1:33:19	1:57:29	2:09:34
14	143	Martin Luther	Norial	RUN365PH CREW	Long M 30-34	6:27:41	0:23:07	0:24:41	0:47:49	0:10:17	0:32:28	0:51:31	1:14:48	1:36:04	2:00:38	2:12:33
15	151	Robert	Perete	Unilab tri-club	Long M 30-34	6:27:46	0:22:59	0:23:46	0:46:45	0:11:13	0:35:05	0:57:40	1:21:10	1:43:57	2:12:02	2:25:18
16	106	Pompo	Arroyo	Smart TRI	Long M 30-34	6:43:20	0:20:39	0:21:35	0:42:14	0:10:39	0:33:44	0:56:33	1:30:39	1:53:24	2:20:17	2:32:45
17	146	Melchor	Ortiguerra	1Bataan	Long M 30-34	7:00:19	0:28:19	0:28:28	0:56:47	0:10:45	0:32:30	0:58:56	1:21:05	1:40:58	2:04:21	2:16:38
18	132	Lester	Lagos		Long M 30-34	7:04:09	0:20:02	0:19:22	0:39:24	0:11:10	0:34:22	0:58:23	1:22:19	1:47:22	2:14:14	2:27:11
19	128	Cesario Silvestre	Gacoscosim	Globe Tri Team	Long M 30-34	7:06:59	0:29:36	0:33:20	1:02:56	0:09:37	0:31:54	0:52:13	1:16:36	1:39:51	2:07:11	2:20:37
20	134	Jan Christopher	Laman	Tri Sports Livin	Long M 30-34	7:09:29	0:25:31	0:27:01	0:52:33	0:11:00	0:34:27	0:57:02	1:21:50	1:46:12	2:16:28	2:31:43
21	161	Chris	Tacata	Maxi Atletika	Long M 30-34	7:20:57	0:27:02	0:28:54	0:55:57	0:11:14	0:36:15	0:59:27	1:25:21	1:50:24	2:18:36	2:32:10
22	110	Philippe	Bonalos	Globe Tri Team	Long M 30-34	7:25:31	0:25:39	0:26:56	0:52:35	0:12:49	0:43:44	1:08:25	1:39:51	2:07:04	2:39:26	2:53:57
23	125	Mat Julius	Famarin		Long M 30-34	7:26:34	0:25:32	0:25:29	0:51:02	0:11:57	0:37:52	1:01:51	1:29:58	1:59:50	2:35:13	2:52:45
24	149	Matt	Paz De Leon	BANAYAD	Long M 30-34	7:29:40	0:23:25	0:26:33	0:49:58	0:14:42	0:46:37	1:11:08	1:39:54	2:07:11	2:37:50	2:52:33
25	152	Jofert	Petalino		Long M 30-34	7:39:22	0:27:30	0:28:30	0:56:00	0:12:12	0:39:47	1:05:25	1:35:46	2:04:15	2:35:43	2:52:36
26	115	Ken Martin	Clemente	Mayon Tri Team	Long M 30-34	7:43:37	0:22:51	0:24:15	0:47:06	0:11:22	0:40:45	1:12:04	1:45:30	2:20:44	2:57:25	3:14:09

27	160 Allan Rich	Silva	Tri Taft	Long M 30-34	7:43:51	0:30:45	0:32:12	1:02:56	0:10:05	0:37:08	1:03:58	1:32:54	1:57:56	2:30:04	2:44:40
28	147 Arnel	Pacquiao	UPLB TRANTADOS PHILAB	Long M 30-34	7:44:54	0:21:31	0:22:39	0:44:10	0:12:46	0:40:40	1:06:59	1:37:44	2:10:33	2:53:02	3:11:25
29	135 Miguel	Laman	TSL	Long M 30-34	7:50:22	0:24:54	0:25:18	0:50:11	0:12:20	0:40:36	1:06:07	1:38:17	2:09:54	2:52:14	3:12:10
30	107 Emmanuel	Balamban	First Balfour/Fit+	Long M 30-34	7:53:27	0:23:25	0:25:21	0:48:47	0:14:05	0:41:49	1:10:09	1:39:48	2:08:14	2:39:59	2:55:58
31	141 Thomas	Mouliac		Long M 30-34	7:55:21	0:20:39	0:22:42	0:43:21	0:12:33	0:40:02	1:08:40	1:43:03	2:17:06	2:59:11	3:18:49
32	137 Winfred	Leano		Long M 30-34	7:59:40	0:26:48	0:28:42	0:55:30	0:14:00	0:42:13	1:10:02	1:43:03	2:15:58	2:53:57	3:12:36
33	103 Jameson	Agub	Meralco Lightspeed Team	Long M 30-34	8:02:26	0:28:21	0:33:37	1:01:58	0:10:06	0:35:30	0:59:29	1:29:28	1:57:16	2:30:27	2:53:26
34	117 Timmy	Dadia	NLEX-SCTex Cycling Team	Long M 30-34	8:07:31	0:22:47	0:23:22	0:46:09	0:15:05	0:47:31	1:27:47	2:07:45	2:57:46	3:38:51	4:01:30
35	145 Al	Ortiguerra	1Bataan	Long M 30-34	8:07:40	0:26:57	0:28:55	0:55:52	0:11:18	0:44:20	1:16:10	1:52:07	2:26:30	3:05:06	3:25:28
36	121 Xerxes Anthony	Delgado		Long M 30-34	8:10:28	0:26:36	0:29:15	0:55:51	0:12:57	0:44:55	1:12:47	1:49:08	2:23:16	3:02:09	3:19:17
37	148 Ramoncito Tomas	Palu-Ay		Long M 30-34	8:10:51	0:28:47	0:28:07	0:56:54	0:10:43	0:35:24	0:59:49	1:30:06	1:58:29	2:29:24	2:44:34
38	104 Kris Kristoffer	Alejandro	Team Aljay Multi Sports	Long M 30-34	8:13:05	0:31:03	0:30:59	1:02:01	0:15:23	0:48:00	1:15:43	1:47:19	2:16:57	2:52:08	3:08:34
39	165 Allan	Villalobos	Trilocano	Long M 30-34	8:13:18	0:32:15	0:31:57	1:04:11	0:11:52	0:41:52	1:12:09	1:48:39	2:15:57	2:56:21	3:14:17
40	142 Rommel	Navarro	Team Norman	Long M 30-34	8:31:20	0:26:32	0:26:58	0:53:30	0:13:12	0:44:34	1:13:49	1:54:15	2:33:03	3:15:51	3:32:59
41	120 Harold	Dela Cruz		Long M 30-34	8:36:27	0:28:57	0:30:14	0:59:10	0:17:47	0:54:40	1:27:39	2:07:10	2:40:50	3:23:06	3:43:24
42	116 Christopher	Cuevas	Etivac Tri Team	Long M 30-34	8:38:26	0:30:50	0:30:43	1:01:34	0:12:10	0:43:11	1:13:40	1:49:52	2:21:07	2:59:17	3:17:39
43	113 Avan	Chan	Jelexie triforce	Long M 30-34	8:40:19	0:32:32	0:33:28	1:06:01	0:15:02	0:45:56	1:16:39	1:53:31	2:27:09	3:04:34	3:21:33
44	118 Enricus	De Castro	Tri Secret Training	Long M 30-34	8:46:40	0:28:22	0:28:27	0:56:49	0:14:56	0:49:05	1:19:27	1:57:32	2:34:00	3:13:52	3:31:16
45	130 Peter	Guzman	Sabak Tri Team	Long M 30-34	8:48:32	0:27:26	0:27:48	0:55:15	0:15:02	0:53:23	1:24:58	2:04:44	2:39:31	3:15:06	3:31:15
46	124 Edaward Daniel	Elises	Etivac tri team	Long M 30-34	9:24:29	0:32:34	0:31:19	1:03:52	0:18:41	0:57:14	1:30:05	2:09:23	2:38:47	3:14:25	3:33:52
	112 Alprince	Camingawan	Team Marquez	Long M 30-34	DNF	0:26:51	0:29:04	0:55:55	0:14:33	0:53:31					
	127 Emmanuelle	Francisco	Solar Boyz	Long M 30-34	DNF	0:28:32	0:29:49	0:58:21	0:13:56	0:55:28	1:36:32	2:21:23			
	140 Mark Anthony	Marquez		Long M 30-34	DNF	0:23:02	0:24:01	0:47:03							
	108 Mark Ronald	Besabe		Long M 30-34	DNS										
	111 Richard Martin	Calunsod	Fitness First	Long M 30-34	DNS										
	114 Jerico	Chua		Long M 30-34	DNS										
	119 Francis Jose	Dela Cruz	WETSHOP TODO TRI TEAM	Long M 30-34	DNS										
	126 Siegfried	Feliciano		Long M 30-34	DNS										
	131 Angelo	Joson	ARMY NAVY SOUTH TRI	Long M 30-34	DNS										
	138 Andrew	Lee Tuason	scott-on	Long M 30-34	DNS										
	139 Randy	Marasigan	Team Triaholix	Long M 30-34	DNS										
	150 Patrick Niles	Peig	Smart TRI	Long M 30-34	DNS										
	153 Francis	Pineda	Smart TRI	Long M 30-34	DNS										
	154 Joseph Ian	Ramirez	Fitness First	Long M 30-34	DNS										
	156 Ramon	Rodriguez	WU CREW	Long M 30-34	DNS										
	157 Raki	Rondera	Maxi Atletika	Long M 30-34	DNS										
	162 Michael Jason	Tee		Long M 30-34	DNS										
	163 Lemuelle	Ticman	Row 4 Boys	Long M 30-34	DNS										

Rank	Bib	First Name	Last Name	Team	Category	Total	Swim Lap 1	Swim Lap 2	Swim Total	Run Km 1.8	Run Km 5.5	Run Km 8.7	Run Km 12.4	Run Km 15.6	Run Km 19.3	Run Total
1	245	Jefferson	Valdez	Sante Barley	Long M 35-39	5:12:30	0:18:33	0:19:06	0:37:40	0:08:05	0:25:24	0:40:00	0:57:46	1:12:49	1:32:54	1:42:57
2	173	Andrew	Arellano	WU Crew	Long M 35-39	5:28:13	0:18:09	0:18:55	0:37:04	0:08:25	0:27:11	0:44:55	1:05:14	1:24:20	1:45:30	1:55:29
3	224	John Omar	Paredes	Herbalife	Long M 35-39	5:45:32	0:18:05	0:18:56	0:37:01	0:08:43	0:30:37	0:49:42	1:11:46	1:31:57	1:58:55	2:12:21
4	222	Retzel	Orquiza	WU CREW	Long M 35-39	5:45:57	0:23:22	0:25:11	0:48:33	0:08:17	0:27:22	0:44:12	1:05:14	1:23:51	1:46:19	1:56:49
5	209	Miguel Antonio	Lopez	Fitness First	Long M 35-39	5:46:40	0:20:12	0:20:38	0:40:50	0:09:05	0:29:12	0:45:57	1:06:21	1:24:03	1:45:16	1:54:44
6	187	Jose Javier	Coscolluela	Fitness First	Long M 35-39	5:47:13	0:18:24	0:19:35	0:37:58	0:09:27	0:30:24	0:49:29	1:11:43	1:32:06	1:55:58	2:06:27
7	242	Eric	Tan	Century Tri Hard	Long M 35-39	5:52:39	0:21:07	0:21:36	0:42:43	0:09:47	0:30:33	0:47:38	1:08:34	1:27:46	1:51:30	2:03:45
8	221	Javy	Olives	WU Crew	Long M 35-39	5:53:02	0:18:06	0:18:56	0:37:01	0:08:36	0:30:30	0:50:09	1:13:10	1:34:51	2:01:11	2:17:14
9	180	Ferdz	Capco	WU CREW	Long M 35-39	5:56:08	0:20:03	0:20:04	0:40:07	0:09:31	0:31:07	0:49:42	1:11:52	1:31:02	1:54:09	2:05:33
10	220	Adrian	Ocampo	WU CREW	Long M 35-39	6:03:46	0:24:12	0:25:27	0:49:40	0:09:10	0:30:47	0:49:39	1:12:04	1:32:21	1:55:23	2:07:09
11	189	Ronald	De Leon		Long M 35-39	6:03:59	0:26:01	0:26:39	0:52:39	0:09:45	0:31:11	0:49:43	1:11:55	1:30:29	1:54:30	2:06:49

12	237 Elmer	Santiago	WU CREW	Long M 35-39	6:08:45	0:19:04	0:19:50	0:38:54	0:09:59	0:32:19	0:50:57	1:16:45	1:37:49	2:03:03	2:15:24
13	217 Edison	Morales	Maxxis Sante Barley	Long M 35-39	6:15:50	0:22:27	0:23:06	0:45:34	0:09:25	0:28:44	0:47:36	1:09:35	1:32:25	2:07:45	2:27:40
14	208 Lloyd	Jenkins	Bike King	Long M 35-39	6:22:22	0:19:48	0:21:27	0:41:15	0:09:48	0:32:19	0:52:09	1:15:45	1:37:30	2:02:36	2:15:41
15	213 Karl Mark	Martinez	Last Minute Tri Team	Long M 35-39	6:23:31	0:23:22	0:25:23	0:48:44	0:09:35	0:31:18	0:50:07	1:14:20	1:35:41	2:03:56	2:17:33
16	167 Ojie	Aguilar	Fitness First	Long M 35-39	6:25:36	0:22:11	0:23:34	0:45:45	0:10:41	0:33:37	0:53:23	1:18:36	1:39:14	2:04:58	2:17:08
17	247 Isidro	Vicente	jelixie tri-force	Long M 35-39	6:33:02	0:23:57	0:26:03	0:50:00	0:09:58	0:31:04	0:49:51	1:13:01	1:33:20	1:58:30	2:10:55
18	207 Timothy Joseph	Isla	WU CREW	Long M 35-39	6:36:27	0:22:38	0:24:40	0:47:18	0:11:49	0:40:00	1:04:02	1:32:50	2:00:25	2:28:27	2:41:24
19	212 Felix	Marinas	Team Norman	Long M 35-39	6:38:40	0:23:47	0:23:39	0:47:26	0:11:26	0:36:03	0:56:59	1:21:05	1:41:56	2:06:17	2:16:47
20	206 Rhoderick	Guieb	WU CREW	Long M 35-39	6:43:00	0:22:28	0:25:41	0:48:10	0:10:43	0:34:18	0:56:05	1:19:11	1:43:23	2:08:56	2:24:02
21	178 Richard	Cabreros	Century Tri Hard	Long M 35-39	6:46:30	0:22:29	0:23:06	0:45:36	0:11:33	0:38:02	1:01:39	1:29:35	1:54:48	2:27:05	2:41:59
22	192 Marvin	Del Rosario	Fitness First	Long M 35-39	6:48:18	0:25:00	0:26:36	0:51:36	0:11:06	0:36:35	1:01:04	1:32:09	1:59:28	2:31:34	2:49:36
23	175 Jp	Benedicto	Fitness First	Long M 35-39	6:48:20	0:21:00	0:23:00	0:44:00	0:11:27	0:36:27	0:59:09	1:28:11	1:52:10	2:23:50	2:41:54
24	203 Xerxes	Garcia	Last Minute Tri Team	Long M 35-39	6:49:36	0:34:42	0:31:47	1:06:30	0:12:12	0:37:09	0:57:36	1:23:52	1:47:13	2:15:30	2:30:05
25	218 Nino	Mundo	Trimac	Long M 35-39	7:00:10	0:23:50	0:25:38	0:49:27	0:12:27	0:39:37	1:02:55	1:32:47	1:58:13	2:28:26	2:41:01
26	244 Benedicto Kim	Torres	Tri Force	Long M 35-39	7:00:14	0:26:04	0:27:32	0:53:36	0:10:43	0:36:47	1:02:05	1:31:07	2:00:00	2:31:00	2:46:25
27	170 Ryan Kristian	Angeles	Century Tri Hard	Long M 35-39	7:01:05	0:23:10	0:23:32	0:46:41	0:09:33	0:34:18	0:58:28	1:28:23	1:57:31	2:30:02	2:47:43
28	195 Emeric	Fernandez	SolidTri	Long M 35-39	7:05:03	0:25:21	0:25:45	0:51:07	0:13:20	0:39:47	1:04:03	1:32:12	1:57:49	2:29:07	2:43:52
29	231 Edrickson	Ravalo	Herbalife	Long M 35-39	7:05:23	0:21:07	0:22:58	0:44:06	0:10:21	0:35:04	0:59:33	1:29:33	2:01:00	2:35:07	2:51:38
30	238 Kenneth	Sarabia		Long M 35-39	7:06:01	0:28:56	0:29:35	0:58:31	0:11:30	0:37:44	1:02:35	1:32:27	1:59:47	2:32:48	2:48:28
31	246 Paolo Gilberto	Veran	T-NOVA	Long M 35-39	7:07:34	0:23:26	0:24:28	0:47:54	0:10:49	0:36:43	1:00:57	1:36:52	2:00:44	2:32:09	2:44:54
32	243 Marlon	Tobias	PMMA Multisport	Long M 35-39	7:08:35	0:25:09	0:25:27	0:50:36	0:11:50	0:38:23	1:01:07	1:29:14	1:57:19	2:34:27	2:52:41
33	169 Randy	Altamira	Solid Tri 4Life	Long M 35-39	7:11:30	0:26:07	0:28:56	0:55:04	0:10:58	0:36:10	0:59:32	1:26:57	1:52:53	2:23:59	2:38:32
34	227 Jeffrey	Pineda	One Triathlon	Long M 35-39	7:12:14	0:22:56	0:23:32	0:46:28	0:13:09	0:39:56	1:08:10	1:39:44	2:11:44	2:47:43	3:05:27
35	223 Jay	Pagcu	TSAPSUY/TRIFORCE	Long M 35-39	7:13:41	0:29:44	0:31:15	1:01:00	0:10:10	0:32:56	0:52:22	1:15:52	1:37:16	2:02:10	2:14:29
36	235 Rex	Rocha	team BENNY	Long M 35-39	7:14:34	0:26:58	0:30:12	0:57:10	0:11:37	0:37:43	1:01:42	1:32:16	2:00:34	2:30:04	2:45:46
37	226 Dodie	Peralta	Pillars Tri Team	Long M 35-39	7:15:19	0:23:26	0:25:53	0:49:19	0:11:07	0:36:35	1:00:17	1:32:41	2:01:32	2:35:09	2:50:51
38	185 Michael	Cortes	JELEXIE TRI FORCE	Long M 35-39	7:15:26	0:25:01	0:26:12	0:51:13	0:10:54	0:37:26	1:00:50	1:28:09	1:56:17	2:27:20	2:42:56
39	240 Ruben Jr.	Silva	Smart TRI	Long M 35-39	7:17:03	0:23:54	0:25:52	0:49:47	0:09:16	0:29:33	0:48:53	1:14:06	1:37:25	2:01:59	2:17:51
40	251 Meng Ho	Wu	IRON BIKE	Long M 35-39	7:20:21	0:24:33	0:25:04	0:49:36	0:10:29	0:36:34	1:02:31	1:32:23	1:58:35	2:32:25	2:48:58
41	215 Bayani	Miranda	Team Aljay Multi Sports	Long M 35-39	7:21:05	0:35:08	0:33:01	1:08:09	0:10:40	0:34:51	0:58:36	1:24:59	1:50:18	2:20:07	2:36:54
42	248 Francis	Victoria		Long M 35-39	7:24:19	0:25:53	0:27:48	0:53:41	0:13:00	0:41:09	1:07:39	1:36:34	2:02:13	2:34:51	2:51:06
43	190 Ronald Rei	Declarador	WU CREW	Long M 35-39	7:26:18	0:24:40	0:27:35	0:52:15	0:12:06	0:38:28	1:02:38	1:35:03	2:00:56	2:31:22	2:44:47
44	193 Jaime	Dolera Jr.	Academy Asia	Long M 35-39	7:29:55	0:25:40	0:27:14	0:52:54	0:12:48	0:42:45	1:10:57	1:41:20	2:09:04	2:44:47	3:01:38
45	198 Raymond	Flores	Team triaholix	Long M 35-39	7:33:10	0:40:30	0:29:34	1:10:04	0:12:13	0:40:34	1:05:46	1:38:29	2:09:27	2:42:00	2:58:23
46	201 Alvin	Garcia	esc seafood island	Long M 35-39	7:35:06	0:25:58	0:27:08	0:53:06	0:12:34	0:40:51	1:05:42	1:35:23	2:04:22	2:38:21	2:53:50
47	219 Joselito	Obra	Team Aljay Multi Sports	Long M 35-39	7:37:15	0:25:55	0:27:12	0:53:07	0:13:35	0:45:01	1:15:38	1:53:04	2:26:54	2:58:27	3:13:43
48	181 Allan	Chan		Long M 35-39	7:44:40	0:26:55	0:29:47	0:56:42	0:11:24	0:36:34	1:00:37	1:30:21	1:57:26	2:32:08	2:50:31
49	249 Ray	Villalobos	trilocano	Long M 35-39	7:45:12	0:31:17	0:33:12	1:04:29	0:12:09	0:40:06	1:06:19	1:36:30	2:07:06	2:39:36	2:55:53
50	211 George Jason	Maliwat	PerX Multisport	Long M 35-39	7:45:32	0:27:15	0:30:44	0:57:59	0:10:04	0:35:34	0:57:51	1:29:39	1:56:28	2:28:36	2:45:31
51	214 Jose Roberto	Mejia	Mayon Tri Team	Long M 35-39	7:50:05	0:27:06	0:28:42	0:55:48	0:12:52	0:41:24	1:08:00	1:41:06	2:12:40	2:51:04	3:09:00
52	229 Aubrey	Quirimit	Triforce	Long M 35-39	7:55:57	0:27:09	0:29:09	0:56:19	0:14:40	0:46:39	1:15:23	1:50:42	2:22:28	2:58:14	3:15:29
53	184 Ceasar	Co	Trimac	Long M 35-39	8:00:18	0:30:55	0:34:16	1:05:11	0:12:41	0:41:03	1:08:09	1:40:40	2:11:50	2:47:21	3:00:55
54	250 Gerald Anthony	Violago	Tri Taft	Long M 35-39	8:07:52	0:25:18	0:26:34	0:51:52	0:13:49	0:44:54	1:13:22	1:50:24	2:24:42	3:07:35	3:27:50
55	239 Arbee Jan	Serafin	BSP-MTC	Long M 35-39	8:22:38	0:25:47	0:27:14	0:53:01	0:13:16	0:43:45	1:11:18	1:47:24	2:24:26	3:11:38	3:31:58
56	176 Rodrigo	Bonggao	Smart TRI	Long M 35-39	8:23:29	0:26:49	0:28:29	0:55:18	0:13:45	0:42:56	1:13:02	1:46:46	2:18:04	2:54:43	3:12:59
57	202 Rosaldo	Garcia	Trimac	Long M 35-39	8:24:23	0:28:28	0:31:05	0:59:33	0:11:34	0:41:28	1:09:36	1:42:57	2:12:12	2:48:26	3:06:08
58	200 Jo Leo	Gambito		Long M 35-39	8:28:17	0:26:47	0:27:37	0:54:24	0:15:20	0:50:07	1:23:27	2:08:10	2:48:28	3:28:34	3:49:20
59	186 Franco Marlo	Cortez	Team Marquez	Long M 35-39	8:37:09	0:25:50	0:27:06	0:52:55	0:15:46	0:48:41	1:18:15	1:55:05	2:38:10	3:27:08	3:49:47
60	194 Ferdinand	Encarnacion	JELEXIE TRI FORCE	Long M 35-39	8:44:23	0:28:40	0:28:20	0:57:00	0:14:55	0:51:06	1:25:15	2:07:04	2:43:16	3:23:00	3:41:42
61	199 Aldrin Rae	Galang	TEAM BULACAN	Long M 35-39	8:49:41	0:27:46	0:29:23	0:57:09	0:14:36	0:52:27	1:25:59	2:05:59	2:39:37	3:16:15	3:33:11
62	177 Quincy	Buenafior	Diamond Rent a Car - 999/day	Long M 35-39	8:49:52	0:21:27	0:22:31	0:43:58	0:15:37	0:48:09	1:17:34	1:55:47	2:30:47	3:13:40	3:30:53
63	174 Mike	Atanante	PILLARS	Long M 35-39	9:01:39	0:28:01	0:29:38	0:57:39	0:16:29	0:54:39	1:29:22	2:11:31	2:45:30	3:25:46	3:44:06
	196 Juan Carlo	Fernandez		Long M 35-39		0:28:20	0:28:51	0:57:11	0:16:59	0:54:58	1:28:48	2:08:19	2:41:08	3:08:38	

233	Maris	Reyes	Jinga Juice Tri Taft	Long M 35-39	DNF	0:34:38	0:35:32	1:10:10						
204	John Kernan	Gatbonton	Trimac	Long M 35-39	DNF	0:27:03	0:30:13	0:57:16						
228	Vinzent	Querol	Trimac	Long M 35-39	DNF	0:30:53	0:25:45	0:56:38						
168	Rolie	Agustin	Team triaholix	Long M 35-39	DNS									
172	Leonard	Aquino	team tribe presidio	Long M 35-39	DNS									
179	Aristotle	Cajucum	ALVEO-ALI TRI	Long M 35-39	DNS									
183	Lester Jerome	Chuayap	secondwind	Long M 35-39	DNS									
188	Carlo Thomas	De Leon	Tribe	Long M 35-39	DNS									
197	Rodrey	Filipinas	GOLD Tri	Long M 35-39	DNS									
205	King	Gonzalez		Long M 35-39	DNS									
210	Jose Mari	Magsalin	Encore Triathlon Team	Long M 35-39	DNS									
216	Kit	Montecillo		Long M 35-39	DNS									
225	Jovito Ramil	Paz	Trimac	Long M 35-39	DNS									
230	Manuel	Ramoy	Trimac	Long M 35-39	DNS									
232	Javier	Rey		Long M 35-39	DNS									
234	Julio Sebastian	Rivero	Tri Taft	Long M 35-39	DNS									
236	Enrique Lorenzo	San Agustin	Xycos	Long M 35-39	DNS									
241	Gerald	Sonson	Aktibo Tri Team	Long M 35-39	DNS									
182	Jen Chung	Chiang	IRON BIKE	Long M 35-39	DSQ	0:30:28	0:31:32	1:02:00	0:11:55	0:48:34	1:15:32	1:49:20		2:05:54
191	Jason	Del Rosario	Pangasinan Multi Sport	Long M 35-39	DSQ	0:27:04	0:27:14	0:54:18	0:13:20	0:45:08	1:11:46	1:47:37		2:06:50

Rank	Bib	First Name	Last Name	Team	Category	Total	Swim Lap 1	Swim Lap 2	Swim Total	Run Km 1.8	Run Km 5.5	Run Km 8.7	Run Km 12.4	Run Km 15.6	Run Km 19.3	Run Total
1	336	David	Zimmermann		Long M 40-44	5:20:49	0:21:46	0:21:51	0:43:36	0:08:22	0:27:42	0:43:53	1:04:16	1:21:35	1:44:40	1:55:01
2	296	Edward	Luna	Trimac	Long M 40-44	5:33:04	0:22:34	0:22:45	0:45:20	0:08:41	0:28:32	0:45:30	1:05:47	1:23:36	1:45:07	1:54:45
3	284	Rayzon	Galdonez	MLQU - PMI	Long M 40-44	5:40:59	0:18:49	0:19:39	0:38:29	0:19:19	0:39:16	0:56:40	1:16:57	1:35:14	1:58:08	2:07:58
4	269	Marlon	Butler		Long M 40-44	5:46:59	0:17:17	0:17:33	0:34:50	0:08:10	0:27:11	0:43:33	1:04:47	1:23:53	1:44:48	1:54:55
5	280	Alvin	Edrosalam	Fitness First	Long M 40-44	5:53:28	0:21:06	0:21:58	0:43:04	0:08:57	0:29:07	0:47:30	1:09:23	1:28:46	1:52:14	2:03:35
6	317	Junrox	Roque	Sante Barley	Long M 40-44	5:56:30	0:23:42	0:25:07	0:48:50	0:08:51	0:28:55	0:46:58	1:10:15	1:31:19	1:56:40	2:07:15
7	331	Julian	Valencia	Herbalife	Long M 40-44	6:02:25	0:18:37	0:19:22	0:37:59	0:11:06	0:32:07	0:50:13	1:12:18	1:32:38	2:00:13	2:13:10
8	283	Raoul	Floresca	WU CREW	Long M 40-44	6:05:27	0:22:48	0:23:27	0:46:15	0:09:33	0:31:04	0:48:57	1:11:59	1:30:04	1:52:56	2:04:57
9	259	Joy Reginald	Antolin	Herbalife	Long M 40-44	6:06:11	0:20:41	0:21:24	0:42:05	0:09:52	0:30:43	0:48:38	1:11:21	1:40:10	2:04:21	2:17:16
10	288	Yasumitsu	Hirao	Polo Tri	Long M 40-44	6:12:16	0:20:48	0:22:35	0:43:22	0:14:08	0:35:14	0:53:24	1:16:34	1:37:35	2:02:04	2:13:31
11	270	Mike	Caritativo	Trimac	Long M 40-44	6:12:42	0:23:28	0:24:11	0:47:38	0:09:47	0:32:04	0:52:54	1:17:33	1:38:48	2:01:43	2:12:13
12	316	Nuno	Romao	Team Red Cross	Long M 40-44	6:13:43	0:17:34	0:19:18	0:36:51	0:09:31	0:38:35	1:11:51	1:39:40	2:02:04	2:23:59	2:34:04
13	314	Robert Jonah	Rivera	Sante Barley	Long M 40-44	6:13:56	0:24:27	0:23:22	0:47:48	0:09:16	0:31:21	0:50:45	1:13:54	1:35:50	2:00:12	2:11:45
14	302	Marlon	Narvaez	Globe Tri Team	Long M 40-44	6:21:56	0:23:24	0:23:16	0:46:40	0:10:25	0:31:49	0:51:55	1:14:41	1:34:21	2:00:34	2:14:41
15	312	Diosdado	Ramirez	GRC Tri Team	Long M 40-44	6:24:57	0:22:54	0:24:14	0:47:08	0:11:38	0:37:47	0:56:57	1:18:38	1:38:50	2:03:37	2:16:02
16	268	Philip	Bucad	T12 camelbak	Long M 40-44	6:25:31	0:22:54	0:23:47	0:46:41	0:12:59	0:37:27	0:57:35	1:20:29	1:41:36	2:06:04	2:17:46
17	289	Jose, Jr	Isip	Black Pearl	Long M 40-44	6:33:36	0:24:35	0:25:07	0:49:42	0:10:09	0:32:41	0:52:29	1:17:12	1:39:23	2:04:36	2:16:45
18	260	Angelo	Arellano	Fitness First	Long M 40-44	6:40:07	0:22:09	0:23:51	0:45:59	0:10:04	0:33:00	0:53:29	1:17:31	1:38:20	2:04:41	2:17:03
19	261	Angelo	Astrero	Encore Triathlon Team	Long M 40-44	6:41:23	0:25:56	0:26:35	0:52:31	0:10:28	0:34:13	0:55:26	1:22:09	1:48:35	2:20:16	2:35:30
20	305	Paul	Nevelos	Black Pearl	Long M 40-44	6:42:56	0:22:03	0:24:45	0:46:48	0:10:09	0:34:04	0:56:19	1:22:41	1:47:01	2:21:26	2:34:55
21	293	Restituto	Legaspi	Herbalife	Long M 40-44	6:49:13	0:26:17	0:27:12	0:53:29	0:10:47	0:33:14	0:52:26	1:14:22	1:37:12	2:13:24	2:39:15
22	323	Dennis Manuel	Sianghio	Greenhills Tri Team	Long M 40-44	6:57:13	0:23:24	0:23:47	0:47:11	0:11:08	0:42:29	1:12:59	1:36:13	2:03:36	2:36:20	2:52:43
23	286	Misael	Hamak	TRIGENERALS	Long M 40-44	6:57:17	0:23:39	0:25:21	0:49:00	0:13:43	0:39:54	1:02:19	1:29:03	1:53:23	2:24:35	2:39:16
24	265	Michael Angelo	Belarmino	Aljay Multisport	Long M 40-44	6:57:38	0:27:10	0:31:05	0:58:15	0:11:27	0:35:31	0:57:04	1:21:00	1:46:12	2:20:08	2:34:54
25	300	Jexter	Mercado	Team Triaholix	Long M 40-44	6:58:13	0:26:09	0:26:59	0:53:08	0:11:17	0:35:52	0:57:56	1:24:59	1:48:27	2:15:09	2:27:46
26	255	Eugene Joseph	Alberto	Globe Tri Team	Long M 40-44	6:58:51	0:28:16	0:28:46	0:57:02	0:10:20	0:34:13	0:55:18	1:21:11	1:43:39	2:09:44	2:22:04
27	290	Dodjie	Ison	YellowCab Team Run Rhymes	Long M 40-44	6:59:18	0:25:09	0:24:22	0:49:31	0:13:35	0:38:29	1:00:51	1:27:00	1:51:26	2:18:48	2:31:45
28	291	Jaime	Hizon	Trimac	Long M 40-44	7:00:11	0:22:37	0:22:58	0:45:35	0:12:29	0:40:24	1:05:28	1:31:44	1:56:42	2:25:28	2:38:05
29	277	Joseph	De Lara	UNILAB ACTIVE HEALTH	Long M 40-44	7:00:18	0:25:41	0:28:23	0:54:04	0:12:10	0:39:34	1:04:00	1:30:17	1:55:14	2:24:01	2:36:44

30	272	Melvin	Ching		Long M 40-44	7:02:16	0:23:49	0:24:53	0:48:42	0:11:04	0:35:23	0:56:03	1:22:07	1:45:00	2:18:15	2:33:18
31	318	Dante	Sagayap	Perx Multisport	Long M 40-44	7:02:25	0:27:40	0:28:22	0:56:02	0:11:07	0:34:23	0:55:18	1:21:59	1:45:14	2:16:31	2:31:12
32	266	Sunny	Benzonan	TRIGENERALS	Long M 40-44	7:03:23	0:22:51	0:23:49	0:46:40	0:11:54	0:38:31	1:06:33	1:34:42	2:02:39	2:37:08	2:51:27
33	262	Elson	Ballena	TRI FORCE	Long M 40-44	7:08:42	0:25:04	0:24:23	0:49:26	0:13:12	0:42:26	1:11:11	1:40:16	2:06:51	2:35:30	2:50:10
34	258	Joffrey	Ano	CamSur Tri Team	Long M 40-44	7:10:00	0:23:03	0:24:27	0:47:30	0:10:23	0:37:29	1:00:10	1:27:57	1:52:06	2:21:27	2:36:20
35	322	Joseph Jericho	Sebastian	Solid Tri	Long M 40-44	7:10:38	0:26:51	0:26:27	0:53:18	0:11:23	0:35:56	0:59:24	1:26:46	1:51:56	2:22:29	2:36:45
36	303	Nathaniel	Navarro	Team Aljay Multi Sports	Long M 40-44	7:15:05	0:25:43	0:26:57	0:52:40	0:12:59	0:38:50	1:03:02	1:32:37	1:58:09	2:28:14	2:42:17
37	320	Romeo	Sanchez	Triforce	Long M 40-44	7:25:59	0:23:14	0:23:58	0:47:12	0:13:54	0:44:21	1:11:16	1:42:19	2:11:01	2:44:57	3:00:03
38	321	Jeffrey	Sawal	Team Aljay Multi Sports	Long M 40-44	7:28:30	0:23:34	0:23:12	0:46:46	0:13:06	0:40:55	1:08:06	1:39:06	2:06:59	2:40:27	2:58:18
39	304	Richard	Navo	PMMA Multisports	Long M 40-44	7:30:38	0:26:57	0:27:59	0:54:56	0:11:29	0:36:36	1:05:04	1:32:40	1:58:50	2:34:02	2:47:07
40	257	Junji	Altamira	Solid Tri 4Life	Long M 40-44	7:31:11	0:25:05	0:26:56	0:52:00	0:10:40	0:34:40	0:58:00	1:27:10	1:53:05	2:25:28	2:42:44
41	253	Glenn	Adviento	Perx Multisport	Long M 40-44	7:32:35	0:39:45	0:28:42	1:08:27	0:12:33	0:41:25	1:06:09	1:34:05	1:57:44	2:24:39	2:37:51
42	306	Carlo Magno	Olmos	LAKE CITY MULTISPORTS	Long M 40-44	7:39:54	0:28:53	0:29:28	0:58:20	0:12:40	0:40:52	1:05:32	1:35:47	2:03:36	2:35:38	2:50:48
43	279	James	Dulalia	WU CREW	Long M 40-44	7:43:24	0:21:01	0:22:24	0:43:25	0:12:46	0:46:28	1:13:05	1:46:21	2:20:26	2:58:19	3:18:08
44	292	Larry	Lanot		Long M 40-44	7:53:04	0:30:46	0:30:50	1:01:36	0:10:19	0:34:10	0:57:18	1:24:07	1:49:04	2:17:09	2:30:48
45	273	Julius	Co	Trimac	Long M 40-44	7:57:35	0:26:40	0:29:35	0:56:14	0:14:08	0:44:26	1:10:38	1:41:30	2:12:02	2:47:41	3:04:30
46	254	Allan	Alagao	Meralco Lightspeed Team	Long M 40-44	8:02:26	0:23:48	0:23:37	0:47:25	0:12:39	0:40:00	1:05:11	1:37:20	2:07:51	2:41:50	3:11:07
47	267	Leo	Boyles	TRIBE	Long M 40-44	8:07:16	0:27:14	0:28:30	0:55:44	0:11:58	0:38:51	1:05:16	1:40:10	2:10:32	2:54:37	3:18:48
48	329	Francisco	Torno Iii	Team TRIBE	Long M 40-44	8:07:18	0:24:45	0:25:43	0:50:28	0:12:42	0:40:26	1:05:22	1:37:52	2:10:05	2:54:26	3:18:39
49	274	Cesar	Cortez	Perx Multisport	Long M 40-44	8:09:15	0:26:19	0:29:40	0:56:00	0:15:21	0:44:56	1:16:44	1:51:02	2:19:33	2:52:38	3:07:28
50	278	Melvin	Dela Cruz	Smart TRI	Long M 40-44	8:16:42	0:27:50	0:29:23	0:57:13	0:12:12	0:42:01	1:09:44	1:41:55	2:11:50	2:46:30	3:04:16
51	308	Joseph	Pedrosa		Long M 40-44	8:25:49	0:26:08	0:28:31	0:54:39	0:12:48	0:48:44	1:20:05	1:53:56	2:25:09	2:59:53	3:17:06
52	307	Allan	Oppus		Long M 40-44	8:32:39	0:27:15	0:28:39	0:55:54	0:13:35	0:44:16	1:18:15	1:56:46	2:34:23	3:15:23	3:33:35
53	327	Tresifel	Teofilo	tri force	Long M 40-44	8:40:02	0:29:03	0:32:16	1:01:19	0:13:59	0:50:00	1:21:19	1:55:53	2:23:48	2:58:39	3:15:19
54	275	Gabby	Cui	BIKE KING	Long M 40-44	8:51:55	0:25:44	0:27:00	0:52:44	0:16:08	0:52:42	1:22:49	2:01:40	2:34:43	3:12:47	3:28:52
	252	Arnaldo	Abenis	Maxi Atletika	Long M 40-44	DNF										
	256	Mark	Almanzor	WU CREW	Long M 40-44	DNF	0:22:38	0:24:00	0:46:38							
	263	Manuel	Barretto	Team Benny	Long M 40-44	DNF	0:28:30	0:30:11	0:58:41							
	271	Rodel	Castillo	Maxi Atletika	Long M 40-44	DNF										
	282	Ronie	Eustaquio	Maxi Atletika	Long M 40-44	DNF										
	294	Reuben	Lista	GOLD Tri	Long M 40-44	DNF	0:24:24	0:24:41	0:49:05							
	298	Dennis	Manzarate	Smart TRI	Long M 40-44	DNF	0:34:31	0:37:17	1:11:48	0:17:17	0:58:59	1:36:01	2:19:58			
	332	Enrico	Villanueva	Endure Multisport	Long M 40-44	DNF	0:34:57	0:35:27	1:10:24	0:27:32	1:16:46					
	276	Neil	Dalumpines		Long M 40-44	DNS										
	281	Michael Gerard	Enriquez	Fitness First	Long M 40-44	DNS										
	287	Gerald	Hidalgo	TSL	Long M 40-44	DNS										
	295	Armando	Lorenzo Jr.		Long M 40-44	DNS										
	297	Warren	Manuela		Long M 40-44	DNS										
	299	Lee	Mcmeekin	Fitness First	Long M 40-44	DNS										
	301	Francis Jay	Nacino	WU CREW	Long M 40-44	DNS										
	310	Richard	Poquiz	Globe Tri Team	Long M 40-44	DNS										
	311	Raymond	Posadas	Century Tri Hard	Long M 40-44	DNS										
	315	Allan Roy	Rodrigo	Lipa Bikeshop	Long M 40-44	DNS										
	324	Hiroshi	Takei	Herbalife	Long M 40-44	DNS										
	325	Carlos	Tanjay		Long M 40-44	DNS										
	326	Alfred	Tengonciang	Ironpigs	Long M 40-44	DNS										
	328	Raffy	Tima		Long M 40-44	DNS										
	334	Ernie	Ybanez	Maxi Atletika	Long M 40-44	DNS										
	578	Norman	Arteficio	Sabak Tri Team	Long M 40-44	DNS										
	264	Vincent	Bayhon	BNC	Long M 40-44	DSQ	0:19:25	0:20:36	0:40:01	0:13:11	0:40:02	1:07:30	1:40:01			1:57:39
	313	Nestor	Ramirez	Liveright	Long M 40-44	DSQ	0:28:50	0:28:47	0:57:36	0:12:27	0:39:08	1:02:30	1:31:42			1:46:31
	335	Hui Yao	Yu	IRON BIKE	Long M 40-44	DSQ	0:28:04	0:28:19	0:56:23	0:20:22	0:50:37	1:16:59	1:50:35			2:06:49
	285	Jeffrey	Gutilban	Team Triaholix	Long M 40-44	DSQ	0:28:26	0:28:04	0:56:29	0:15:20	0:53:27	1:28:49	2:09:12			2:29:45

309 Rowelly	Pido	Team Roel	Long M 40-44	DSQ	0:19:22	0:20:42	0:40:03	0:29:42	0:48:25	1:11:20	1:33:35	2:00:36	2:14:19
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Rank	Bib	First Name	Last Name	Team	Category	Total	Swim Lap 1	Swim Lap 2	Swim Total	Run Km 1.8	Run Km 5.5	Run Km 8.7	Run Km 12.4	Run Km 15.6	Run Km 19.3	Run Total
1	357	Peter	Gonzalez	BIKE KING	Long M 45-49	5:40:33	0:17:48	0:18:11	0:35:59	0:08:27	0:29:12	0:46:13	1:07:14	1:25:36	1:48:12	1:59:40
2	358	Ronald	Honrade	Trimac	Long M 45-49	5:55:39	0:22:12	0:23:14	0:45:25	0:09:33	0:30:08	0:47:15	1:09:07	1:28:17	1:51:01	2:01:49
3	351	Mark	Ellis	Fitness First	Long M 45-49	5:57:49	0:17:44	0:18:18	0:36:02	0:09:37	0:30:54	0:49:55	1:12:03	1:32:26	1:56:13	2:06:23
4	365	Reujenson	Lista	GOLD Tri	Long M 45-49	5:59:59	0:21:05	0:23:41	0:44:47	0:09:19	0:28:25	0:45:41	1:07:18	1:27:30	1:49:34	2:01:52
5	339	Danilo	Balandra	Herbalife	Long M 45-49	6:10:54	0:23:41	0:24:17	0:47:59	0:09:09	0:30:31	0:49:27	1:12:46	1:35:31	1:59:54	2:13:28
6	337	Benjamin	Afable	Fitness First	Long M 45-49	6:18:22	0:19:49	0:21:00	0:40:49	0:10:46	0:35:11	0:57:53	1:25:17	1:51:59	2:23:15	2:38:04
7	344	Dennis	Capulong	Tri-monkeys	Long M 45-49	6:27:04	0:24:23	0:25:55	0:50:18	0:09:21	0:31:45	0:50:11	1:13:12	1:33:16	1:57:55	2:11:24
8	343	Joel	Caniza	Fitness First	Long M 45-49	6:36:19	0:18:50	0:20:01	0:38:50	0:10:14	0:34:00	0:55:19	1:19:58	1:43:08	2:11:07	2:24:40
9	368	Gregory	Maranon		Long M 45-49	6:40:30	0:21:12	0:22:20	0:43:33	0:09:58	0:32:08	0:52:59	1:21:08	1:45:09	2:16:46	2:36:04
10	364	Jamie	Leather	24-7	Long M 45-49	6:46:56	0:22:59	0:23:45	0:46:44	0:10:54	0:34:17	0:54:28	1:21:19	1:43:37	2:10:06	2:22:30
11	375	Angelo	Panopio	Trimac	Long M 45-49	6:48:46	0:28:45	0:30:04	0:58:48	0:10:34	0:34:35	0:56:05	1:20:23	1:42:29	2:07:16	2:21:05
12	346	Ronaldo	Celestial	BIKE KING	Long M 45-49	6:56:24	0:23:17	0:24:24	0:47:42	0:11:33	0:36:09	0:57:50	1:24:30	1:49:38	2:19:17	2:34:15
13	382	Jonathan	Tansengco	First Balfour/Fit+	Long M 45-49	6:59:16	0:26:43	0:26:25	0:53:08	0:10:25	0:33:24	0:53:45	1:18:30	1:43:24	2:09:57	2:22:50
14	373	Kim	O		Long M 45-49	7:00:52	0:24:31	0:26:43	0:51:13	0:11:07	0:41:30	1:09:05	1:40:41	2:06:51	2:37:49	2:51:36
15	352	Michael	Enriquez	TRIGENERALS	Long M 45-49	7:01:49	0:22:47	0:22:58	0:45:45	0:12:52	0:38:33	1:01:55	1:29:17	1:55:00	2:25:38	2:40:15
16	377	Don	Romero	GRC Tri Team	Long M 45-49	7:09:44	0:23:44	0:23:57	0:47:41	0:10:56	0:35:56	0:58:36	1:27:52	1:54:32	2:25:44	2:40:38
17	363	Shuichi	Kato		Long M 45-49	7:14:16	0:25:55	0:26:35	0:52:30	0:10:50	0:35:47	0:58:17	1:25:00	1:48:59	2:18:05	2:31:49
18	369	Ronan	Marasigan		Long M 45-49	7:20:12	0:25:23	0:25:37	0:51:01	0:13:43	0:43:04	1:08:50	1:38:16	2:06:09	2:37:37	2:51:47
19	360	Peter	Jarin	Greenhills Tri Team	Long M 45-49	7:24:52	0:22:14	0:23:01	0:45:15	0:12:47	0:41:50	1:06:59	1:37:11	2:05:05	2:38:45	2:53:19
20	374	Nad	Opiana	Smart TRI	Long M 45-49	7:25:00	0:24:37	0:25:49	0:50:27	0:14:09	0:43:37	1:14:49	1:47:03	2:15:17	2:46:57	3:01:23
21	356	Rannie	Faller		Long M 45-49	7:29:59	0:23:48	0:24:19	0:48:07	0:11:32	0:36:41	1:00:48	1:31:26	1:57:55	2:31:41	2:46:48
22	372	Benedict	Muriel		Long M 45-49	7:40:33	0:23:39	0:25:09	0:48:48	0:12:40	0:42:37	1:12:12	1:47:09	2:17:52	2:53:22	3:11:00
23	362	Reynaldo	Jimenez	Pangasinan Multi Sport	Long M 45-49	7:42:09	0:24:10	0:25:49	0:50:00	0:12:07	0:39:45	1:04:45	1:33:37	2:04:20	2:43:21	3:01:18
24	340	Virgilio Jr.	Belen		Long M 45-49	7:43:51	0:27:53	0:27:38	0:55:31	0:16:22	0:47:27	1:15:49	1:52:24	2:28:11	3:00:42	3:16:00
25	361	Antonio	Jimenez	Team Cellife	Long M 45-49	7:43:51	0:28:26	0:29:29	0:57:54	0:12:16	0:40:30	1:10:38	1:43:23	2:13:08	2:44:33	2:57:58
26	354	Erwin	Estaris		Long M 45-49	7:48:02	0:23:15	0:24:01	0:47:16	0:14:46	0:44:20	1:11:26	1:44:33	2:16:14	2:56:29	3:16:31
27	371	Joel Paul	Munoz	Fitness First	Long M 45-49	7:48:55	0:22:53	0:24:24	0:47:17	0:12:55	0:47:24	1:17:08	1:52:55	2:23:41	2:58:02	3:13:18
28	350	Chad	Davis		Long M 45-49	7:52:00	0:23:39	0:24:57	0:48:36	0:08:57	0:28:47	0:46:10	1:08:49	1:28:36	1:56:18	2:10:26
29	367	Reginald	Mancia	PURO TRI	Long M 45-49	7:55:43	0:27:39	0:28:06	0:55:45	0:11:18	0:38:13	1:03:52	1:34:25	2:04:34	2:37:16	2:52:33
30	345	Christian	Casalla		Long M 45-49	8:02:26	0:25:17	0:26:19	0:51:35	0:13:04	0:43:04	1:09:47	1:40:24	2:12:44	2:45:19	3:01:34
31	342	Jose Romulo	Buhay	Century Tri Hard	Long M 45-49	8:07:11	0:29:05	0:31:48	1:00:53	0:15:13	0:46:36	1:14:59	1:49:05	2:18:42	2:53:49	3:10:16
32	349	Juancho	Dalangin	Meralco Lightspeed Team	Long M 45-49	8:07:26	0:27:40	0:29:21	0:57:00	0:12:53	0:38:42	1:02:36	1:32:26	2:00:56	2:33:23	3:01:25
33	378	Winston George	Salem	1Bataan	Long M 45-49	8:12:40	0:26:36	0:27:57	0:54:33	0:15:42	0:52:28	1:24:18	2:00:15	2:34:40	3:13:15	3:33:35
34	355	Bernarlito	Fajardo		Long M 45-49	8:26:55	0:27:04	0:25:08	0:52:12	0:16:03	0:50:06	1:23:43	1:58:52	2:34:15	3:11:49	3:29:53
35	380	Siegfried	Sumicad	Team Wanna Tri	Long M 45-49	8:40:17	0:33:02	0:33:22	1:06:23	0:14:44	0:46:09	1:14:48	1:46:56	2:16:37	2:49:31	3:05:38
36	348	Tirso Jr.	Cinco	Smart TRI	Long M 45-49	8:44:46	0:29:10	0:30:55	1:00:05	0:20:24	0:53:21	1:26:05	2:03:47	2:40:36	3:24:35	3:45:34
37	384	Danny	Zapanta	Smart TRI	Long M 45-49	8:44:47	0:26:53	0:27:34	0:54:27	0:15:46	0:47:33	1:14:52	1:52:33	2:29:22	3:13:21	3:34:20
38	370	Ricky	Mercado		Long M 45-49	8:58:53	0:34:43	0:37:47	1:12:31	0:14:11	0:46:41	1:16:54	1:50:14	2:28:18	3:07:56	3:24:31
	347	Charlie	Chua	Bike King	Long M 45-49	DNF	0:21:18	0:21:45	0:43:02	0:12:48	0:42:49	1:08:45	1:40:43			
	381	Michael	Tanjangco	Xycos	Long M 45-49	DNF	0:38:12	0:42:54	1:21:06							
	338	Taddeius	Almarvez	GRC Tri Team	Long M 45-49	DNS										
	341	Steve	Bonz	ARMY NAVY SOUTH TRI	Long M 45-49	DNS										
	353	Warren	Ermac	Smart TRI	Long M 45-49	DNS										
	359	Jovencio	Jabanes	WU CREW	Long M 45-49	DNS										
	366	Jojo	Macalintal	Trimac	Long M 45-49	DNS										
	379	Eric	Santos	one bataan	Long M 45-49	DNS										
	383	Anel	Tiquia	Trimac	Long M 45-49	DNS										
	376	Norman	Reyes	Team Norman	Long M 45-49	DSQ	0:33:36	0:35:49	1:09:26	0:15:51	0:53:19	1:25:00	2:22:55			2:42:52

Rank	Bib	First Name	Last Name	Team	Category	Total	Swim Lap 1	Swim Lap 2	Swim Total	Run Km 1.8	Run Km 5.5	Run Km 8.7	Run Km 12.4	Run Km 15.6	Run Km 19.3	Run Total
1	388	Frank	Lacson	Herbalife	Long M 50-54	5:53:38	0:19:40	0:19:59	0:39:40	0:09:49	0:30:43	0:48:57	1:11:16	1:30:27	1:53:33	2:04:25
2	394	David	Richmond	Sante Barley	Long M 50-54	6:47:20	0:23:42	0:25:00	0:48:42	0:11:54	0:38:18	1:03:17	1:30:33	1:55:45	2:25:52	2:39:28
3	387	Eduardo	Francisco	Bike King	Long M 50-54	6:50:08	0:23:34	0:24:24	0:47:59	0:09:47	0:33:13	0:55:08	1:23:07	1:49:24	2:18:30	2:31:11
4	386	Enrico	Estrella	Team Norman	Long M 50-54	8:10:30	0:28:18	0:29:54	0:58:11	0:13:25	0:39:57	1:05:46	1:36:52	2:12:12	2:45:53	3:04:16
5	385	Rogelio	Dela Cruz		Long M 50-54	8:51:08	0:20:28	0:21:29	0:41:57	0:16:42	0:53:30	1:27:14	2:06:01	2:39:42	3:17:30	3:34:19
6	391	Martin	Marcelino		Long M 50-54	9:03:54	0:34:48	0:37:16	1:12:05	0:13:37	0:44:05	1:13:31	1:47:41	2:22:03	2:56:37	3:15:39
	389	Rodolfo	Lantin	Team Aljay Multi Sports	Long M 50-54	DNS				0:45:25	2:22:34	2:53:19				
	390	Jojo	Lontok		Long M 50-54	DNS										
	392	Emmanuel	Pacheco	Lakan Tri	Long M 50-54	DNS										
	393	Joevic	Pajarillo	GRC Tri Team	Long M 50-54	DNS										

Rank	Bib	First Name	Last Name	Team	Category	Total	Swim Lap 1	Swim Lap 2	Swim Total	Run Km 1.8	Run Km 5.5	Run Km 8.7	Run Km 12.4	Run Km 15.6	Run Km 19.3	Run Total
1	398	Thomas	Kuhne	GRC CIC	Long M 55-above	6:31:01	0:22:09	0:22:05	0:44:14	0:10:52	0:35:10	0:55:31	1:20:40	1:41:48	2:07:48	2:21:48
2	399	Killy	Kunimoto		Long M 55-above	7:21:36	0:26:04	0:28:07	0:54:11	0:10:20	0:36:55	1:04:43	1:35:14	2:00:11	2:29:20	2:42:41
3	396	Josef	Gueta	Black Pearl	Long M 55-above	7:43:07	0:24:30	0:25:52	0:50:21	0:13:19	0:42:40	1:08:30	1:39:59	2:09:16	2:43:07	2:57:15
4	401	Edward	Pudlao	Team 2600 Baguio City	Long M 55-above	8:01:08	0:26:41	0:28:21	0:55:03	0:16:45	0:54:24	1:18:46	1:31:12	2:02:19	2:39:51	3:00:14
5	400	Ariel	Mendoza	Team Cemex	Long M 55-above	8:13:12	0:32:08	0:33:07	1:05:15	0:14:29	0:44:29	1:13:26	1:47:07	2:17:24	2:51:32	3:08:16
6	395	Marlon	Centeno	ProvCap	Long M 55-above	8:14:02	0:28:22	0:30:23	0:58:45	0:14:31	0:46:18	1:14:15	1:48:58	2:19:02	2:57:55	3:16:45
	397	Tatsuya	Kanai	Polo Tri	Long M 55-above	DNS										
	402	Roden	Rosin	Team Norman	Long M 55-above	DNS										
	403	Nick	Thomas	Polo Tri	Long M 55-above	DNS										

Rank	Bib	First Name	Last Name	Team	Category	Total	Swim Lap 1	Swim Lap 2	Swim Total	Run Km 1.8	Run Km 5.5	Run Km 8.7	Run Km 12.4	Run Km 15.6	Run Km 19.3	Run Total
1	645	August	Benedicto	UNILAB ACTIVE HEALTH	Long M Elite	4:48:00	0:17:48	0:18:13	0:36:01	0:07:05	0:23:16	0:37:53	0:55:01	1:09:55	1:27:15	1:35:31
2	1	Billy	Biag	CamSur Tri Team	Long M Elite	5:04:16	0:19:46	0:20:40	0:40:26	0:07:29	0:25:03	0:40:14	0:57:16	1:12:24	1:31:23	1:40:42
3	646	Benjamin	Rana	UNILAB ACTIVE HEALTH	Long M Elite	5:07:23	0:17:45	0:18:13	0:35:58	0:07:46	0:24:44	0:39:30	0:58:19	1:14:53	1:34:44	1:44:28
4	3	Ben	Regan		Long M Elite	5:08:11	0:16:26	0:16:48	0:33:14	0:07:54	0:24:33	0:39:31	0:57:29	1:15:24	1:36:34	1:45:03
5	2	Darius	Kintanar		Long M Elite	7:57:23	0:23:44	0:25:02	0:48:46	0:12:20	0:42:00	1:11:52	1:46:00	2:13:33	2:45:52	3:01:55

Rank	Bib	First Name	Last Name	Team	Category	Total	Run Km 1.8	Run Km 5	Run Km 8.3	Run Total
1	404	Lorena	Agnas	CamSur Tri Team	Tri King F 18-24	4:16:46	0:12:15	0:35:53	1:00:54	1:16:41
2	405	Irish Ivy	Domingo		Tri King F 18-24	4:21:26	0:11:38	0:34:21	1:01:38	1:18:38
3	406	Riana Mikaela	Mallari	Mr. Freeze	Tri King F 18-24	4:33:43	0:11:22	0:35:11	1:00:14	1:14:52
4	407	Catherine Mae	Vergara	TEAM VERCONS	Tri King F 18-24	5:45:51	0:17:35	0:56:04	1:35:41	1:57:19

Rank	Bib	First Name	Last Name	Team	Category	Total	Run Km 1.8	Run Km 5	Run Km 8.3	Run Total
1	412	Charmaine	Lazaro	UPLB TRANTADOS PHILAB	Tri King F 25-29	4:30:23	0:11:01	0:32:39	0:54:26	1:06:30
2	413	Ma Klarissa	Martinez	LAKAN TRI	Tri King F 25-29	4:47:03	0:13:21	0:40:10	1:10:24	1:27:33
3	414	Iya Nicole	Pe	First Balfour/Fit+	Tri King F 25-29	4:53:13	0:14:06	0:40:51	1:09:22	1:24:25
4	410	Marlea	Dulnuan	Tribu Vizcayano	Tri King F 25-29	5:05:37	0:13:30	0:40:12	1:07:16	1:22:29
5	415	Hanna	Sanchez	Team Endure	Tri King F 25-29	5:08:12	0:15:13	0:48:20	1:22:06	1:41:42

6	408	Camille	Aquino	TEAM MURDA	Tri King F 25-29	5:11:23	0:12:17	0:38:24	1:06:33	1:22:52
	409	Sittie Aminah	Dimaporo	Lanao del Norte	Tri King F 25-29	DNS				
	411	Carminia Luisa	Jereza	FITNESS FIRST	Tri King F 25-29	DNS				

Rank	Bib	First Name	Last Name	Team	Category	Total	Run Km 1.8	Run Km 5	Run Km 8.3	Run Total
1	418	Anne Catherine	Hernandez	FITNESS FIRST	Tri King F 30-34	3:53:08	0:09:25	0:30:09	0:51:13	1:03:55
2	420	Lou Ann	Ramos	The Podium Boutique Hotel	Tri King F 30-34	4:35:40	0:12:17	0:34:54	1:01:09	1:17:47
3	422	Diana Grace	Samson	Triforce	Tri King F 30-34	4:54:18	0:12:02	0:36:32	1:00:15	1:14:22
4	423	Czarina	Tiangco		Tri King F 30-34	5:07:33	0:16:33	0:49:55	1:25:41	1:45:41
5	421	Rosemarie	Reyes	MAXI ATLETIKA MULTISPORT	Tri King F 30-34	5:07:55	0:14:01	0:43:28	1:11:26	1:27:24
	416	Winna	Altamira	Solid Tri 4Life	Tri King F 30-34	DNS				
	417	Aina	Garcia	Fit Plus Academy	Tri King F 30-34	DNS				
	419	Chase Hermit	Magsalin	ENCORE TRIATHLON TEAM	Tri King F 30-34	DNS				

Rank	Bib	First Name	Last Name	Team	Category	Total	Run Km 1.8	Run Km 5	Run Km 8.3	Run Total
1	549	Anais	Lapid	R.LAPID'S TRI TEAM	Tri King F 35-39	4:00:26	0:10:39	0:31:19	0:52:48	1:05:14
2	430	Rowena Anne	Lindayag	TRlalindog	Tri King F 35-39	4:22:12	0:13:23	0:38:02	1:03:32	1:19:22
3	425	Karla	Afable		Tri King F 35-39	4:58:13	0:14:06	0:42:45	1:13:08	1:30:32
4	428	Nina	Beltran	Team Tribe Prestigio	Tri King F 35-39	4:59:51	0:13:50	0:42:50	1:14:39	1:31:55
5	433	Gemymah Sylvia	Victorio	Team Multisports - Cdo	Tri King F 35-39	5:02:37	0:22:57	0:51:12	1:18:37	1:35:06
6	427	Percelyn	Aquino	tri force triathlon	Tri King F 35-39	5:05:08	0:13:28	0:39:38	1:08:42	1:26:34
7	426	Luchie	Alberto	Multisport Iloilo	Tri King F 35-39	5:19:24	0:13:43	0:44:38	1:15:08	1:32:35
8	424	Arlene	Adrados		Tri King F 35-39	6:03:07	0:19:56	0:56:33	1:32:35	1:54:44
9	429	Maria Khristina	Fontillas	LAKAN TRI	Tri King F 35-39	7:21:13	0:23:50	1:05:15	1:48:15	2:14:24
	431	Dainielle Francis	Perez	FITNESS FIRST	Tri King F 35-39	DNF				
	432	Shan	Sandoval	GRC tri team	Tri King F 35-39	DNS				

Rank	Bib	First Name	Last Name	Team	Category	Total	Run Km 1.8	Run Km 5	Run Km 8.3	Run Total
1	434	Nikki	De Guzman	TSL	Tri King F 40-44	3:55:49	0:10:44	0:31:40	0:53:45	1:07:14
2	437	Carol Marie	Lorenzo	CENTURY TRI HARD	Tri King F 40-44	4:17:34	0:13:04	0:37:22	1:02:16	1:16:26
3	439	Jo-Ann	Sebastian	Solid Tri	Tri King F 40-44	5:14:40	0:14:52	0:44:59	1:15:26	1:33:00
4	440	Ma.Leonora	Tabladillo	Team Hugo	Tri King F 40-44	5:26:38	0:14:13	0:41:37	1:09:40	1:27:00
5	438	Carina	Nicolas	Team David's Salon Club	Tri King F 40-44	5:33:09	0:16:31	0:50:20	1:25:03	1:44:42
6	436	Sherylle Marie	Guiyab		Tri King F 40-44	5:52:36	0:18:18	0:49:30	1:20:36	1:37:37
	435	Stephanie	Frondoso	BIKE KING	Tri King F 40-44	DNS				

Rank	Bib	First Name	Last Name	Team	Category	Total	Run Km 1.8	Run Km 5	Run Km 8.3	Run Total
1	446	Tess	Rodriguez	Attack Tri	Tri King F 45-above	4:17:53	0:14:02	0:38:02	1:02:53	1:16:57
2	441	Charit	Agana	ENCORE TRIATHLON TEAM	Tri King F 45-above	4:28:35	0:12:35	0:38:11	1:04:20	1:19:45
3	444	Teresita	Lim		Tri King F 45-above	5:18:08	0:15:18	0:44:15	1:15:18	1:32:29
4	47	Agnes	Ganzon	Smart TRI	Long F 45-above	5:37:23	0:13:27	0:41:59	1:11:27	1:29:32
	442	Elaine	Andaya		Tri King F 45-above	DNS				
	443	Amor	Datinguinoo		Tri King F 45-above	DNS				

Rank	Bib	First Name	Last Name	Team	Category	Total	Run Km 1.8	Run Km 5	Run Km 8.3	Run Total
1	450	Luis Jose	Embate	CamSur Tri Team	Tri King M 18-24	3:10:04	0:07:27	0:22:01	0:37:19	0:45:38
2	451	Heinrich Christian	Gasacao		Tri King M 18-24	3:47:41	0:08:06	0:24:45	0:43:44	0:55:44
3	449	Francis Jemuel	Contreras	Team Banayad	Tri King M 18-24	3:52:03	0:11:12	0:32:18	0:54:21	1:06:31
4	454	Aldrin Van	Sta Maria	Trimac	Tri King M 18-24	3:56:05	0:11:31	0:34:04	0:57:26	1:09:42
5	447	Jolo	Anyayahan	PMMA Multisport	Tri King M 18-24	4:05:13	0:11:42	0:32:49	0:53:33	1:06:09
6	453	Jose	Soberano	Tri Taft	Tri King M 18-24	4:07:43	0:15:16	0:41:44	1:07:57	1:21:50
7	448	Dhan Kevin	Bautista		Tri King M 18-24	4:16:36	0:10:57	0:36:49	1:06:25	1:21:55
8	456	Rommel	Vitug	TRIMAC	Tri King M 18-24	4:26:28	0:12:49	0:39:25	1:06:29	1:23:03
9	452	Joa Polino	Mallari	Mr. Freeze	Tri King M 18-24	5:16:41	0:19:09	0:53:46	1:31:58	1:50:44
	455	Allen Ivan	Sta Maria	Trimac	Tri King M 18-24	DNS				

Rank	Bib	First Name	Last Name	Team	Category	Total	Run Km 1.8	Run Km 5	Run Km 8.3	Run Total
1	477	Joseph Kennedy	Salcedo	POLO TRI	Tri King M 25-29	3:21:01	0:08:20	0:25:02	0:41:57	0:51:11
2	458	Rodolfo Jr	Albis	Infinite Multisports Team	Tri King M 25-29	3:38:28	0:09:33	0:29:58	0:51:47	1:03:45
3	484	Rommel Ivan	Umlas	TriXman	Tri King M 25-29	3:39:06	0:09:46	0:29:53	0:51:39	1:05:07
4	479	Timothy	So	JINGA JUICE TRI TAFT	Tri King M 25-29	3:49:57	0:11:14	0:31:17	0:52:10	1:03:58
5	64	Kirk Patrick	Ang	Perx Multisport	Tri King M 25-29	4:03:45	0:10:35	0:33:06	0:55:13	1:07:45
6	470	Elroy Jon	Ilagan		Tri King M 25-29	4:05:04	0:09:49	0:30:33	0:51:53	1:02:54
7	478	Ralph Alvin	Salvilla	Fit+	Tri King M 25-29	4:09:02	0:10:33	0:31:38	0:55:51	1:09:47
8	472	Franz	Lim	Jinga Juice Tri Taft	Tri King M 25-29	4:13:16	0:11:51	0:36:20	1:02:48	1:18:58
9	474	Carlo Martin	Ponce	Team Murda	Tri King M 25-29	4:17:44	0:09:55	0:31:38	0:53:33	1:07:10
10	467	Renz	Formoso		Tri King M 25-29	4:23:24	0:12:01	0:33:39	0:58:01	1:11:08
11	471	Paolo	Ledesma	Team Murda	Tri King M 25-29	4:24:20	0:10:40	0:31:33	0:56:21	1:10:43
12	464	James	Daly	LAkan TRI	Tri King M 25-29	4:24:45	0:13:00	0:41:19	1:10:19	1:27:11
13	469	Eugene	Garcia	Sibakeros Tri Team	Tri King M 25-29	4:31:35	0:11:03	0:30:02	0:49:30	1:00:30
14	98	Peter	Sy	Jinga Juice Tri Taft	Long M 25-29	4:33:30	0:16:02	0:45:10	1:13:30	1:28:27
15	462	Justin	Caro	Tri Assassins	Tri King M 25-29	4:34:10	0:12:44	0:40:57	1:13:22	1:28:02
16	459	Nicodemus	Andrada	Better Tri	Tri King M 25-29	4:39:59	0:11:42	0:36:49	1:01:37	1:17:33
17	460	John Russel	Ang	Infinte Multisport	Tri King M 25-29	4:59:21	0:14:53	0:44:18	1:14:22	1:30:49
18	481	Luis Paolo	Sotto	Jinga Juice Tri Taft	Tri King M 25-29	5:00:04	0:12:01	0:43:21	1:21:06	1:46:11
19	473	Mark Gerard Joseph	Mallari		Tri King M 25-29	5:04:10	0:12:05	0:38:37	1:08:54	1:27:11
20	476	Karlo	Ravago	Team Murda	Tri King M 25-29	5:05:08	0:13:23	0:39:56	1:08:21	1:23:54
21	480	Hezel John Marc	Solangon		Tri King M 25-29	5:05:10	0:14:01	0:42:38	1:11:01	1:27:06
22	482	Kristian	Torralba	SMART TRI TEAM	Tri King M 25-29	5:06:47	0:16:10	0:46:12	1:17:00	1:34:23
23	465	Eduard	De Guzman	Tri Assassins	Tri King M 25-29	5:10:36	0:15:41	0:45:42	1:16:48	1:34:53
24	75	Juan Miguel	De La Cruz		Tri King M 25-29	5:45:22	0:14:28	0:45:12	1:15:22	2:11:58
25	483	Robert	Umlas		Tri King M 25-29	5:48:08	0:17:09	0:53:06	1:24:33	1:43:55
26	466	Santino	Del Castillo	Team Tribe Prestigio	Tri King M 25-29	5:53:18	0:22:12	1:02:18		1:58:29
27	485	Christ-Ian	Vergara	TEAM VERCONS	Tri King M 25-29	6:00:24	0:16:36	0:47:15	1:17:40	1:37:54
28	486	Cyril	Vergara	TEAM VERCONS	Tri King M 25-29	6:11:39	0:20:00	0:59:30	1:39:50	2:04:59
29	457	Aames	Aguas	Smart TRI	Tri King M 25-29	6:30:06	0:17:24	0:54:13	1:36:32	1:59:17
30	468	Christian Albert	Gacias	Better Tri	Tri King M 25-29	6:52:15	0:19:56	0:58:47	1:42:30	2:07:49
	461	Wernher Lancelot	Asprec	attack tri	Tri King M 25-29	DNF				
	463	Chester Ivan	Cruz	JINGA JUICE TRI TAFT	Tri King M 25-29	DNS				
	475	Robert Louie	Quiogue		Tri King M 25-29	DNS				

Rank	Bib	First Name	Last Name	Team	Category	Total	Run Km 1.8	Run Km 5	Run Km 8.3	Run Total
1	512	Jeremiah	Isip	REVV	Tri King M 30-34	3:16:49	0:09:05	0:25:49	0:42:38	0:52:17
2	498	Frederick	Castaneda	Omega Pro tri-Team	Tri King M 30-34	3:27:48	0:08:40	0:25:33	0:43:12	0:54:53
3	500	Amarillo	Costa	Team Red Cross	Tri King M 30-34	3:30:16	0:08:42	0:28:33	0:49:45	1:01:02
4	494	Jeffrey	Balbas		Tri King M 30-34	3:30:17	0:11:24	0:31:00	0:50:44	1:02:08
5	488	Rodrigo	Aja		Tri King M 30-34	3:40:04	0:08:38	0:26:45	0:45:59	0:57:14
6	520	Charles	Or	Infinite Multisport	Tri King M 30-34	3:41:03	0:10:49	0:30:20	0:51:08	1:02:33
7	528	Giovanni Rosanno	Tan	Tri force triathlon club	Tri King M 30-34	3:54:28	0:09:57	0:32:55	0:57:42	1:13:14
8	531	Clive Manuel	Wee Sit	Team Tri-Mates	Tri King M 30-34	3:56:10	0:10:01	0:30:57	0:53:05	1:08:09
9	492	Rafael Gino	Auditor	Smart TRI	Tri King M 30-34	4:00:04	0:11:56	0:36:35	1:01:55	1:16:41
10	501	Sherwin	De La Paz	T12 camel back	Tri King M 30-34	4:02:35	0:12:15	0:36:33	1:02:27	1:18:34
11	489	Joden	Alcoreza	YELLOWCAB TEAM RUN RHYMES	Tri King M 30-34	4:03:30	0:10:09	0:42:23	1:06:48	1:19:49
12	517	Edison	Maningat	Team Sinarapan	Tri King M 30-34	4:04:11	0:11:28	0:34:17	0:57:18	1:10:46
13	523	Jared	Remulta	BIKE KING	Tri King M 30-34	4:06:16	0:11:10	0:33:41	0:56:12	1:09:06
14	521	Tj	Rabena	ENCORE TRIATHLON TEAM	Tri King M 30-34	4:11:30	0:10:57	0:35:24	1:03:23	1:19:30
15	532	Archie	Yongco	Aurora Triteam	Tri King M 30-34	4:13:51	0:12:39	0:39:09	1:07:14	1:23:34
16	514	Dizon	Kwok	INFINITE MULTISPORT	Tri King M 30-34	4:24:02	0:11:24	0:35:40	1:03:27	1:20:33
17	515	Lester Benedict	Leytte	WETSHOP TODO TRI TEAM	Tri King M 30-34	4:26:24	0:12:18	0:37:29	1:02:16	1:17:04
18	505	Richard	Gabagat		Tri King M 30-34	4:29:11	0:11:36	0:35:20	1:01:16	1:15:33
19	129	Luis Fernando	Gotaco	Tri Taft	Tri King M 30-34	4:30:09	0:11:18	0:33:35	0:59:43	1:13:44
20	495	Richard	Bitoy	Infinite Multisport	Tri King M 30-34	4:30:16	0:11:07	0:34:58	1:03:02	1:17:22
21	516	Richard	Lim		Tri King M 30-34	4:31:18	0:10:30	0:29:53	0:50:37	1:02:13
22	519	Gilmer	Onato		Tri King M 30-34	4:31:31	0:11:46	0:35:23	0:59:13	1:12:59
23	511	Ruben	Hornero		Tri King M 30-34	4:34:28	0:10:36	0:34:06	0:58:16	1:11:58
24	527	Gerard	Songco		Tri King M 30-34	4:36:47	0:13:28	0:39:43	1:07:48	1:23:13
25	497	Roland Benedict	Capito	Yellow Cab Run Rhymes	Tri King M 30-34	4:37:57	0:12:50	0:40:44	1:12:16	1:27:48
26	507	Harold Angelo	Go	SCOTT ON	Tri King M 30-34	4:39:15	0:12:50	0:40:00	1:15:19	1:32:52
27	526	Christopher	Santos	Team EG	Tri King M 30-34	4:41:10	0:13:36	0:38:22	1:04:19	1:20:27
28	499	Mark Christian	Clareza	First Balfour/Fit+	Tri King M 30-34	4:41:44	0:13:57	0:44:27	1:18:24	1:37:11
29	490	Nomar	Alferos	SANTE BARLEY	Tri King M 30-34	4:45:20	0:18:21	0:48:53	1:16:01	1:32:40
30	502	Farrell	Dizon	PRAETORIAN TRI TEAM	Tri King M 30-34	4:48:27	0:13:53	0:40:32	1:13:21	1:31:57
31	487	Jake Emmerson	Aguado	GRC TRI TEAM	Tri King M 30-34	4:51:55	0:15:12	0:46:20	1:17:49	1:36:22
32	522	Rey Carlito	Regalado		Tri King M 30-34	4:56:25	0:13:48	0:46:39	1:18:52	1:36:06
33	508	Al	Gonzales	REVV	Tri King M 30-34	4:58:13	0:14:06	0:42:46	1:15:06	1:30:33
34	518	Dino	Mendoza		Tri King M 30-34	5:15:33	0:14:55	0:46:29	1:21:26	1:40:53
35	513	Paul Vincent	Jao	Infinite Multisport	Tri King M 30-34	5:19:53	0:18:53	0:54:38	1:32:52	1:51:25
36	524	Gene Gregor	Sampaga	Team TriTaft	Tri King M 30-34	5:33:50	0:19:07	0:56:53	1:33:10	1:55:43
37	496	Nikko	Capioso	Solar Boyz	Tri King M 30-34	5:34:02	0:18:30	0:53:34	1:28:58	1:49:19
38	510	Joseph Alvin	Hernandez		Tri King M 30-34	5:59:53	0:15:09	0:47:06	1:23:16	1:42:28
39	493	Jose Emmanuel	Balane	Tnova	Tri King M 30-34	6:47:36	0:23:05	1:10:04	1:56:56	2:21:32
	491	Enrico	Angeles		Tri King M 30-34	DNS				
	503	Reil Vinard	Espino	Tri Taft	Tri King M 30-34	DNS				
	504	Julius	Fonte	SMART TRI TEAM	Tri King M 30-34	DNS				
	506	Lloyd	Galicia	Team Marquez	Tri King M 30-34	DNS				
	509	Peewee	Guasque		Tri King M 30-34	DNS				
	525	Mark Gil	Sanchez	Smart TRI	Tri King M 30-34	DNS				
	529	Carlo Paulo	Tolentino		Tri King M 30-34	DNS				
	530	Ignasi	Vegas		Tri King M 30-34	DNF				

Rank	Bib	First Name	Last Name	Team	Category	Total	Run Km 1.8	Run Km 5	Run Km 8.3	Run Total
1	546	Vilog	George		Tri King M 35-39	2:57:48		0:21:29	0:36:23	0:46:12
2	647	Philip	Atento	UNILAB ACTIVE HEALTH	Tri King M 35-39	2:59:56		0:22:41	0:38:32	0:47:57
3	538	Jeffrey	Codino	Omega Pro tri-Team	Tri King M 35-39	3:07:18		0:22:37	0:37:57	0:47:14
4	562	Dennis	Respecki	OSB	Tri King M 35-39	3:34:49	0:09:04	0:27:14	0:48:51	1:00:49
5	553	Cesar	Lumiwes		Tri King M 35-39	3:35:53	0:08:25	0:26:34	0:46:02	0:56:04
6	545	Miquel	Garcia		Tri King M 35-39	3:36:33	0:09:07	0:28:31	0:48:45	1:00:41
7	541	Sigmond	Del Villar		Tri King M 35-39	3:44:34	0:09:16	0:27:22	0:47:35	0:59:17
8	542	Jephtie	Dela Cruz	team foton	Tri King M 35-39	3:52:42	0:09:41	0:30:57	0:52:06	1:04:30
9	544	Riemann	Galliguez	TriTaft	Tri King M 35-39	3:57:54	0:10:48	0:31:24	0:52:21	1:04:08
10	535	Marvin	Bailon	Bailon	Tri King M 35-39	3:57:54	0:11:22	0:31:54	0:53:04	1:04:52
11	569	Alvin	Te Tan	FITPLUS	Tri King M 35-39	3:59:06	0:11:31	0:32:53	0:54:05	1:06:03
12	533	John Clifford	Algire	Last Minute Tri Team	Tri King M 35-39	4:03:18	0:11:17	0:33:58	0:57:06	1:10:20
13	564	Charlemagne	Samartino		Tri King M 35-39	4:07:00	0:13:11	0:37:04	1:00:45	1:13:58
14	171	Reggie	Antonio	Greenhills Tri Team	Tri King M 35-39	4:09:43	0:14:57	0:38:07	1:02:38	1:16:37
15	560	Marlon	Quidasol	FOTON Tri Team	Tri King M 35-39	4:11:03	0:10:08	0:33:38	1:00:02	1:16:13
16	563	Michael	Romero	Last Minute Tri Team	Tri King M 35-39	4:13:26	0:10:09	0:30:31	0:51:47	1:04:33
17	554	Kirk	Macdonald		Tri King M 35-39	4:15:57	0:12:49	0:39:28	1:04:24	1:18:10
18	566	Joseph Lyle	Sarmiento	FITNESS FIRST	Tri King M 35-39	4:16:19	0:11:27	0:34:52	1:00:02	1:13:42
19	543	Michael	Dizon	tri taft	Tri King M 35-39	4:19:05	0:14:54	0:43:27	1:14:03	1:31:18
20	552	Carlos Oliver	Leytte	WETSHOP TODO TRI TEAM	Tri King M 35-39	4:19:40	0:12:21	0:37:59	1:03:27	1:17:32
21	571	Christian Bernard	Uichico	TB3	Tri King M 35-39	4:22:04	0:11:43	0:34:15	0:59:43	1:14:31
22	570	Lawrence	Ticsay		Tri King M 35-39	4:26:09	0:11:43	0:35:57	1:08:09	1:24:41
23	548	Fredric	Lamagna		Tri King M 35-39	4:31:27	0:11:17	0:35:36	1:02:11	1:16:51
24	574	Edward	Villoso		Tri King M 35-39	4:40:06	0:14:00	0:41:17	1:14:16	1:33:05
25	537	Roldan	Capito		Tri King M 35-39	4:44:28	0:14:16	0:43:04	1:16:59	1:34:31
26	557	Roel	Natividad	Infinite Multisport	Tri King M 35-39	4:45:47	0:10:47	0:38:05	1:13:50	1:36:31
27	539	Andrew	Coronel	YELLOW CAB TRI CLARK	Tri King M 35-39	4:47:51	0:11:58	0:37:42	1:03:18	1:18:26
28	573	Randy	Viacrusis		Tri King M 35-39	4:50:21	0:13:17	0:39:54	1:08:31	1:25:28
29	649	Lester	Castillo	UNILAB ACTIVE HEALTH	Tri King M 35-39	4:53:56	0:18:44	0:47:19	1:14:20	1:30:01
30	565	Arojo	Santos	Banayad	Tri King M 35-39	4:56:45	0:14:05	0:38:45	1:05:30	1:21:08
31	556	Carlos	Martin	LAST MINUTE TRI TEAM	Tri King M 35-39	5:05:20	0:13:05	0:40:56	1:11:49	1:31:33
32	559	Chris	Pineda	Pillars Tri Team	Tri King M 35-39	5:08:20	0:15:33	0:49:59	1:21:03	1:39:04
33	551	Jerome	Lepiten	BANAYAD	Tri King M 35-39	5:12:09	0:14:07	0:39:48	1:05:38	1:20:44
34	567	Marky	Taino	BANAYAD	Tri King M 35-39	5:22:11	0:13:17	0:41:56	1:13:42	1:33:37
35	558	Joseph Gerard	Nieva	Banayad	Tri King M 35-39	5:57:17	0:14:47	0:44:44	1:19:33	1:36:46
	534	Alexis	Aquino	TB3	Tri King M 35-39	DNS				
	536	Jan	Blando	Smart TRI	Tri King M 35-39	DNS				
	540	Deogracias Iv	De La Paz		Tri King M 35-39	DNS				
	547	Roy Wyndell	Hervias	TIMEX Gold's Gym TMM	Tri King M 35-39	DNS				
	550	Joseph	Legasto	GREENHILLS TRI TEAM	Tri King M 35-39	DNS				
	555	Archie	Majam	Smart TRI	Tri King M 35-39	DNS				
	561	Johann	Ramos	TB3	Tri King M 35-39	DNS				
	568	Gilbert	Tang	Team Tribe	Tri King M 35-39	DNS				
	572	Joselito	Vergara	FOTON TRI Team	Tri King M 35-39	DNS				

Rank	Bib	First Name	Last Name	Team	Category	Total	Run Km 1.8	Run Km 5	Run Km 8.3	Run Total
1	601	Jason Brian	Marquez	THE PODIUM BOTIQUE HOTEL	Tri King M 40-44	3:35:51	0:09:17	0:28:06	0:47:51	1:00:13
2	615	Sherwyn	Yao	GREENHILLS TRI TEAM	Tri King M 40-44	3:50:25	0:10:24	0:30:43	0:53:18	1:06:32

3	604 Michael	Opina		Tri King M 40-44	3:51:03	0:10:56	0:33:09	0:53:57	1:05:29
4	594 Nory	Hizon	T12 Camelbak	Tri King M 40-44	3:53:54	0:09:42	0:30:50	0:53:17	1:07:49
5	333 Ronald	Yao	Trimac	Tri King M 40-44	4:04:43	0:12:20	0:32:22	0:56:40	1:08:19
6	596 Jody	Jacinto	UNILAB ACTIVE HEALTH	Tri King M 40-44	4:06:09	0:11:29	0:33:49	0:59:08	1:15:13
7	581 Cyril	Bermudo	YELLOW CAB TRI CLARK	Tri King M 40-44	4:10:44	0:10:20	0:32:23	0:55:30	1:08:17
8	579 Quintin li	Atienza	Team Marquez	Tri King M 40-44	4:14:51	0:09:41	0:29:40	0:50:33	1:03:35
9	609 Alvin	Serrano	MAXXIS TRIATHLON TEAM	Tri King M 40-44	4:15:15	0:12:48	0:35:20	0:59:42	1:13:30
10	319 Mark Lester	Salvador	GRC Tri Team	Tri King M 40-44	4:19:49	0:13:18	0:38:30	1:02:15	1:16:09
11	603 Oliver	Neptuno	TEAM NEPTEL	Tri King M 40-44	4:21:09	0:12:05	0:38:15	1:10:08	1:28:51
12	587 Bambi	Flaviano	TSL	Tri King M 40-44	4:21:49	0:11:06	0:35:32	1:01:25	1:16:34
13	595 Angelito	Iya		Tri King M 40-44	4:21:57	0:14:00	0:38:30	1:05:07	1:20:16
14	599 Dennis	Madrid	LAST MINUTE TRI TEAM	Tri King M 40-44	4:24:51	0:13:03	0:35:40	0:59:43	1:12:35
15	600 Rommel	Malleta	SCDI - Lipa Bikeshop Mult	Tri King M 40-44	4:29:03	0:12:29	0:38:02	1:05:08	1:20:42
16	613 Roni	Turla	Tri Force	Tri King M 40-44	4:30:37	0:13:32	0:36:20	0:59:37	1:13:43
17	586 Christopher	Felismino	Team Hugo	Tri King M 40-44	4:30:48	0:13:56	0:41:25	1:08:37	1:24:24
18	616 Michael	Yuson	TSL	Tri King M 40-44	4:32:11	0:14:08	0:43:54	1:13:36	1:32:02
19	602 Ericson	Medina		Tri King M 40-44	4:32:35	0:11:24	0:34:42	0:59:05	1:13:46
20	577 Dato	Arroyo	BIKE KING	Tri King M 40-44	4:37:17	0:15:48	0:43:28	1:11:44	1:29:40
21	610 Johnatan	Sunga	YELLOW CAB TRI CLARK	Tri King M 40-44	4:41:25	0:11:56	0:31:38	0:52:31	1:04:31
22	591 Oliver	Gozun	YELLOW CAB TRI CLARK	Tri King M 40-44	4:47:51	0:13:21	0:41:32	1:10:18	1:26:08
23	612 Kentaro	Tojo		Tri King M 40-44	4:51:23	0:14:00	0:41:31	1:09:28	1:25:46
24	330 Jp	Tuason		Tri King M 40-44	4:54:33	0:14:50	0:44:30	1:16:14	1:30:03
25	580 Julien	Bello		Tri King M 40-44	4:56:48	0:13:14	0:41:45	1:13:06	1:33:07
26	590 Romarico	Gomez	GRC Tri Team	Tri King M 40-44	4:57:51	0:14:23	0:47:30	1:18:06	1:38:36
27	576 Glenn	Antonio	Team Tri Taft	Tri King M 40-44	5:18:50	0:17:38	0:48:55	1:24:33	1:42:00
28	589 Rico	Gacutan	Maxi atletika multisport	Tri King M 40-44	5:26:47	0:15:07	0:45:08	1:18:58	1:40:02
29	614 Edgar	Urbiztondo	Triforce	Tri King M 40-44	5:43:40	0:19:28	0:53:13	1:29:08	1:49:28
30	583 Marvin	Cabatana	SMART TRI TEAM	Tri King M 40-44	5:51:05	0:16:18	0:46:28	1:18:21	1:36:23
31	592 Douglas	Guiyab		Tri King M 40-44	5:52:51	0:18:00	0:49:12	1:22:07	1:37:34
32	598 Roy Oliver	Licardo	Oliver Tri Sports PH	Tri King M 40-44	5:59:13	0:17:57	0:50:20	1:25:54	1:47:50
33	584 Aboy Johnson Salcedo	Cabiltes Iii	MAXXIS TRIATHLON TEAM	Tri King M 40-44	6:48:39	0:23:37	1:08:30	2:02:11	2:28:39
34	605 Kenneth	Pajarillo	PMMA multisports	Tri King M 40-44	7:02:10	0:18:30	0:54:19	1:30:54	1:51:38
	575 Danielito	Andag	Tri Taft	Tri King M 40-44	DNS				
	582 Eugene	Buenaventura	SMART TRI TEAM	Tri King M 40-44	DNS				
	585 Leo	De Guzman	TSL	Tri King M 40-44	DNS				
	588 Richard	Francisco	Techno	Tri King M 40-44	DNS				
	593 Jose	Hernandez		Tri King M 40-44	DNS				
	597 Arnold Roy	Jimenez	TEAM TRIBE	Tri King M 40-44	DNS				
	606 Bernard	Perez	Yellow Cab Run Rhymes	Tri King M 40-44	DNS				
	607 Feliciano	Quilala		Tri King M 40-44	DNS				
	608 Bhrein	Salazar	SMART TRI TEAM	Tri King M 40-44	DNS				
	611 Ricardo	Tandoc	three king	Tri King M 40-44	DNS				

Rank	Bib	First Name	Last Name	Team	Category	Total	Run Km 1.8	Run Km 5	Run Km 8.3	Run Total
1	625	Frederick	Mendiola	GREENHILLS TRI TEAM	Tri King M 45-49	3:51:28	0:10:12	0:31:57	0:52:58	1:05:07
2	618	Vicente	Carag	TRIBE	Tri King M 45-49	3:52:32	0:10:00	0:31:55	0:56:14	1:08:26
3	619	Israel	Cruz	BYA XTRM Tri	Tri King M 45-49	3:55:41	0:10:54	0:32:58	0:57:36	1:12:09
4	624	Raul	Manlangit	R.LAPID'S TRI TEAM	Tri King M 45-49	3:58:01	0:10:03	0:30:19	0:51:23	1:03:32
5	631	Lino Roy	Suarez	BYA XTRM Tri	Tri King M 45-49	4:01:53	0:09:45	0:30:35	0:52:58	1:05:34
6	627	Abell Jim	Ngo	Bike King	Tri King M 45-49	4:14:26	0:10:28	0:34:02	0:58:11	1:12:42
7	626	Emilio	Neri	Endure Multisport	Tri King M 45-49	4:21:17	0:13:31	0:38:59	1:03:54	1:19:39

8	628	Irwin	Padrique		Tri King M 45-49	4:52:44	0:16:26	0:44:29	1:17:49	1:38:51
9	633	Leo	Villarico	TEAM MARQUEZ	Tri King M 45-49	4:53:32	0:14:07	0:42:23	1:13:36	1:31:38
	617	Alexander Vincent	Basilio	ENCORE TRIATHLON TEAM	Tri King M 45-49	DNS				
	620	Jose Maria	Dolendo	Xycos	Tri King M 45-49	DNS				
	621	Gerardo	Evaristo	Greentennial Tri Team	Tri King M 45-49	DNS				
	622	Robert Benedict	Gan		Tri King M 45-49	DNS				
	623	Troy	Green		Tri King M 45-49	DNS				
	629	John Raymund	Pangilinan	GREENHILLS TRI TEAM	Tri King M 45-49	DNS				
	630	Mark	Parco		Tri King M 45-49	DNS				
	632	George Alpert	Tarca		Tri King M 45-49	DNS				

Rank	Bib	First Name	Last Name	Team	Category	Total	Run Km 1.8	Run Km 5	Run Km 8.3	Run Total
1	635	Mike	Co	Infinite Multisports Team	Tri King M 50-54	4:26:19	0:12:06	0:36:32	1:02:05	1:15:58
2	637	William	Lu		Tri King M 50-54	4:42:30	0:12:22	0:35:03	0:58:39	1:14:01
3	639	Gerry	Tolentino	lueco triunion	Tri King M 50-54	4:51:09	0:15:56	0:46:16	1:19:11	1:35:55
4	636	Joselito	Garcia	Enervon HP	Tri King M 50-54	4:54:56	0:15:42	0:44:13	1:14:16	1:30:57
5	634	Danilo	Aparis	Team Xikad	Tri King M 50-54	6:03:33	0:20:21	0:54:51	1:31:07	1:53:09
	638	Jonas	Ravago	Triforce	Tri King M 50-54	DNS				
	640	Teddy	Tong	SABAK TRI TEAM	Tri King M 50-54	DNS				

Rank	Bib	First Name	Last Name	Team	Category	Total	Run Km 1.8	Run Km 5	Run Km 8.3	Run Total
1	642	Chito	Generoso	Sante Barley	Tri King M 55- above	4:46:17	0:13:28	0:37:53	1:04:29	1:19:42
2	641	Jesus	Simon		Tri King M 55- above	6:02:50	0:19:24	0:56:04	1:32:05	1:53:59
3	643	Efren	Martinez	LAKAN TRI	Tri King M 55- above	6:51:00	0:22:02	1:11:50	2:03:15	2:33:37
	644	Efren	Rosales		Tri King M 55- above					